

**2010 BC SUMMER GAMES  
 McLEOD ATHLETIC PARK ~ LANGLEY, BC  
 AMENDED SCHEDULE ~ ATHLETICS  
 [February 3, 2010]**

**Thursday, July 22, 2010**

<b>TIME</b>	<b>EVENT</b>
1:00 PM – 3:00 PM	ATHLETES AND COACHES ~ MINI CLINICS AND PRACTICE MCLEOD ATHLETIC PARK

**FRIDAY, JULY 23, 2010**

<b>TIME</b>	<b>EVENT</b>	<b>GROUP</b>	<b>FLIGHT</b>	<b>STARTS</b>
10:00 AM	80 m Hurdles	Pentathlon ~ Girls	Timed Final	
10:15 AM	100 m Hurdles	Pentathlon ~ Boys	Timed Final	
10:30 AM	1500 RW	BC Athletics F/M	Timed Final	
<b>11:00 AM</b>	<b>1200 m</b>	<b>BC Athletics F/M</b>	<b>Timed Final</b>	
11:30 AM	100 m	BC Athletics F/M	Semi-Finals	
11:50 AM	400 m	Special Olympics ~ F/M	Timed Final	
<b>12:00 PM</b>	<b>300 m</b>	<b>BC Athletics F/M</b>	<b>Semi-Finals</b>	
<b>12:30 AM</b>	<b>MEDAL PRESENTATIONS AND LUNCH BREAK</b>			
1:30 PM	100 m	Special Olympics F/M	Timed Final	
1:45 PM	100 m	BC Athletics F/M	Final	
<b>2:00 PM</b>	<b>300 m</b>	<b>BC Athletics F/M</b>	<b>Final</b>	
<b>3:00 PM</b>	<b>MEDAL PRESENTATIONS</b>			

<b>FIELD EVENTS</b>			
	10:00 AM Triple Jump BC Athletics ~ Girls	10:00 AM Shot Put BC Athletics ~ Boys	10:00 AM Hammer BC Athletics ~ Girls
11:15 AM High Jump Pentathlon ~ Girls	11:30 AM Triple Jump BC Athletics ~ Boys	11:30 AM Shot Put BC Athletics ~ Girls	11:30 AM Hammer BC Athletics ~ Boys
12:00 AM High Jump Pentathlon ~ Boys			
	1:30 PM Long Jump Special Olympics ~ F/M	2:00 PM Shot Put Pentathlon ~ Girls	1:30 PM Javelin BC Athletics ~ Boys
		2:45 PM Shot Put Pentathlon ~ Boys	

**SATURDAY, JULY 24, 2010**

<b>TIME</b>	<b>EVENT</b>	<b>GROUP</b>	<b>FLIGHT</b>	<b>STARTS</b>
10:00 AM	1500 SC	BC Athletics F/M	Timed Final	
10:30 AM	80 m Hurdles	BC Athletics ~ Girls	Semi-Finals	
10:50 AM	100 m Hurdles	BC Athletics ~ Boys	Semi-Finals	
11:15 AM	800 m	Special Olympics	Timed Finals	
11:30 AM	800 m	BC Athletics F/M	Semi-Finals	
11:50 AM	4 x 25 m Relay	Coaches Relay	Timed Final	
<b>12:00 PM</b>	<b>MEDAL PRESENTATIONS AND LUNCH BREAK</b>			
1:00 PM	80 m Hurdles	BC Athletics ~ Girls	Final	
1:15 PM	100 m Hurdles	BC Athletics ~ Boys	Final	
1:45 PM	200 m	BC Athletics F/M	Semi-Finals	
2:15 PM	800 m	Pentathlon ~ F/M	Timed Final	
<b>2:30 PM</b>	<b>200 m Hurdles</b>	<b>BC Athletics ~ Girls</b>	<b>Semi-Finals</b>	
<b>2:40 PM</b>	<b>200 m Hurdles</b>	<b>BC Athletics ~ Boys</b>	<b>Semi-Finals</b>	
<b>3:15 PM</b>	<b>MEDAL PRESENTATIONS</b>			

<b>FIELD EVENTS</b>			
10:00 AM Pole Vault BC Athletics ~ Girls	10:00 AM Long Jump Pentathlon ~ Girls	10:00 AM Discus BC Athletics ~ Girls	10:00 AM High Jump BC Athletics ~ Boys
	10:45 AM Long Jump Pentathlon ~ Boys		
11:30 AM Pole Vault BC Athletics ~ Boys	11:30 AM Long Jump BC Athletics ~ Girls	11:30 AM Discus BC Athletics ~ Boys	
1:00 PM Javelin BC Athletics ~ Girls	1:00 PM Long Jump BC Athletics ~ Boys	1:00 PM Shot Put Special Olympics ~ F/M	1:00 PM High Jump BC Athletics ~ Girls

**SUNDAY, JULY 25, 2010**

<b>TIME</b>	<b>EVENT</b>	<b>GROUP</b>	<b>FLIGHT</b>	<b>STARTS</b>
<b>9:00 AM</b>	<b>200 m Hurdles</b>	<b>BC Athletics F/M</b>	<b>Final</b>	
<b>9:15 AM</b>	<b>2000 m</b>	<b>BC Athletics F/M</b>	<b>Timed Final</b>	
9:45 AM	200 m	Special Olympics F/M	Timed Final	
10:00 AM	200 m	BC Athletics F/M	Final	
10:15 AM	800 m	BC Athletics F/M	Final	
10:30 AM	4 x 100 Relay	Special Olympics F/M	Timed Final	
10:40 AM	4 x 100 Relay	BC Athletics F/M	Timed Final	
10:50 AM	4 x 400 Relay	BC Athletics F/M	Timed Final	
<b>11:15 AM</b>	<b>MEDAL PRESENTATIONS AND LUNCH BREAK</b>			