

4th ANNUAL GARRIOCK INVITATIONAL TRACK MEET  
 HOSTED BY CVAC JAGUARS  
 SATURDAY & SUNDAY, JUNE 12<sup>TH</sup> & 13<sup>TH</sup>, 2004

**SATURDAY**

**Track Events – Oldest to Youngest**

11:00 distance hurdles (91 and older)  
 12:30 100m timed finals  
 2:00 1500m  
 3:30 400m  
 4:30 steeplechase (90 and older)

**Field Events**

**Girls**

Time	95	94	93	92	91	90	89+
11:00			LJ		Jav		
12:00		Disc		LJ		Jav	
1:00			Disc		LJ		Jav
2:00		Jav		Disc		LJ	
3:00			Jav		Disc		LJ
4:00		LJ		Jav		Disc	
5:00	LJ						Disc

**Pole Vault 12:00**

**Boys**

Time	95	94	93	92	91	90	89+
11:00	SP		TJ	Ham		HJ	
12:00		SP		TJ	Ham		HJ
1:00	HJ		SP		TJ	Ham	
2:00		HJ		SP		TJ	Ham
3:00			HJ		SP		TJ
4:00				HJ		SP	
5:00					HJ		SP

**Pole Vault 12:00**

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## SUNDAY

### Track Events – Oldest to Youngest

9:00 race walk – 3000m, 1500m, 800m

9:45 3000m – (91 and older)

10:30 sprint hurdles

12:30 4x100 relays

1:30 800m

2:45 200m

### Field Events

#### Girls

Time	95	94	93	92	91	90	89+
9:00	SP		HJ	Ham		TJ	
10:00		SP		HJ	Ham		
11:00			SP		HJ	Ham	TJ
12:00				SP		HJ	Ham
1:00			TJ		SP		HJ
2:00		HJ		TJ		SP	
3:00	HJ				TJ		SP

#### Boys

Time	95	94	93	92	91	90	89+
9:00		Disc		Jav		LJ	
10:00			Disc		Jav		LJ
11:00	LJ			Disc		Jav	
12:00		LJ			Disc		Jav
1:00			LJ			Disc	
2:00		Jav		LJ			Disc
3:00			Jav		LJ		