

VICTORIA TRACK AND FIELD CLUB
21st ANNUAL DOGWOOD TRACK AND FIELD MEET SCHEDULE
May 9th and May 10th, 2009

Version #1: April 14th

| SATURDAY TRACK EVENTS | | | |
|------------------------------|---------------------|------------------------|-------------------------------------|
| 9:45 am | Coaches' Meeting | Front of main stadium. | All Coaches are welcome. |
| 10:00 am | 1500 metres | Timed Finals | Wheelchair Categories F/M |
| | 1500 metres | Timed Finals | Open to 2000 F/M |
| 11:00 am | 100 metres | Timed Finals | Wheelchair Categories F/M |
| | 100 metres | Timed Finals | Open to 2000 F/M |
| 12:15 pm | 400 m Hurdles | Timed Finals | 1993 and older F/M |
| | 300 m Hurdles | Timed Finals | 1994 and 1995 F/M |
| | 200 Hurdles | Timed Finals | 1996 and 1997 F/M |
| 2:20 pm | 1500 m Steeplechase | Timed Finals | 1994 and 1995 F/M |
| 2:40 pm | 2000 m Steeplechase | Timed Finals | 1993 and older F 1993 and 1992 M |
| 3:00 pm | 3000 m Steeplechase | Timed Finals | 1991 and older M |
| 3:20 pm | 400 metres | Timed Finals | Wheelchair Categories F/M |
| | 400 metres | Timed Finals | Open to 1998 F/M |

| SUNDAY TRACK EVENTS | | | |
|--|-----------------|--------------|--|
| 9:00 am | 3000 metres | Timed Finals | 1996 and older athletes |
| 9:45 am | 800 metres | Timed Finals | Wheelchair Categories F/M |
| 10:00 am | 1500 m Racewalk | Timed Finals | 1996 and older F/M |
| | 800 m Racewalk | Timed Finals | 1997 to 2000 F/M |
| 10:45 am Rolling Schedule for Sprint Hurdles | 110 m Hurdles | Timed Finals | 1993 and older Men |
| | 100 m Hurdles | Timed Finals | 1993 and older Women 1994 and 1995 Boys |
| | 80 m Hurdles | Timed Finals | 1994 to 1997 Girls 1996 and 1997 Boys |
| | 60 m Hurdles | Timed Finals | 1998 to 2000 F/M |
| 12:30 pm | 200 metres | Timed Finals | Wheelchair Categories F/M |
| 12:45 pm | 200 metres | Timed Finals | Open to 1998 F/M |
| 2:00 pm | 60 metres | Timed Finals | 1998 to 2000 F/M |
| 2:30 pm | 800 metres | Timed Finals | Open to 2000 F/M |

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| SATURDAY FIELD EVENTS | | | SUNDAY FIELD EVENTS | | |
|-----------------------|--------------|-------------------------------|---------------------|--------------|-----------------|
| 10:00 am | High Jump #1 | 1997 Girls | 9:00 am | High Jump #1 | 1996 Girls |
| | Long Jump | 1996 Girls | | Discus | 1996 Boys |
| | Triple Jump | 1994/95 Girls | | High Jump #2 | 1998 Girls |
| | Shot Put | 1996/97 Boys | | Javelin | 1994/95 Boys |
| | Javelin | 1999 Girls | | Shot Put | 1999/2000 Boys |
| | Pole Vault | 1996 Girls to Open Women | | Long Jump | Open Women |
| | Discus | 1998/99 Boys | 9:45 am | Discus | 1998 Girls |
| 11:00 am | Triple Jump | 1994/95 Boys | 10:00 am | Long Jump | 1994/95 Girls |
| | Javelin | Open Men | | Triple Jump | 1996/97 Boys |
| 11:30 am | High Jump #1 | 1994/95 Girls | | Shot Put | 1997 Girls |
| | Discus | 1999 Girls | 10:15 am | Javelin | 1996 Girls |
| | Shot Put | 1996 Girls | 10:30 am | High Jump #2 | 1998 Boys |
| | Pole Vault | 1996 Boys to Open Men | | Discus | Open Women |
| | Long Jump | 1998 Girls | | High Jump #1 | 1999/2000 Girls |
| 12:00 pm | Triple Jump | Open Women | 10:45 am | Shot Put | Open Men |
| 12:30 pm | Javelin | 1997 Girls | 11:00 am | Triple Jump | 1998 Girls |
| | Discus | 1994/95 Boys | 11:30 am | Discus | 1994/95 Girls |
| 12:45 pm | Shot Put | 1998 Girls | | Long Jump | 1994/95 Boys |
| | Triple Jump | 1998 Boys | | Javelin | 1997 Boys |
| 1:00 pm | Long Jump | 1997 Boys | 11:45 am | Shot Put | 1998 Boys |
| 1:30 pm | Javelin | 1998/99 Boys | 12:15 pm | Shot Put | 1999/2000 Girls |
| | Discus | 1997 Boys | 12:30 pm | Javelin | 1996 Boys |
| | Triple Jump | 1996 Girls | | High Jump #1 | Open Women |
| | High Jump #1 | 1994/95 Boys | | Triple Jump | Open Men |
| 2:00 pm | Long Jump | 1996 Boys | | High Jump #2 | 1999/2000 Boys |
| | Shot Put | 1994/95 Girls | 1:00 pm | Discus | 1996 Girls |
| 2:30 pm | Discus | Open Men | | Long Jump | 1997 Girls |
| 2:45 pm | Long Jump | 1999/2000 Girls | 2:00 pm | Discus | 1997 Girls |
| | Javelin | Open Women | | Javelin | 1994/95 Girls |
| 3:00 pm | Triple Jump | 1997 Girls | | High Jump #1 | Open Men |
| | High Jump #1 | 1996 Boys | | High Jump #2 | 1997 Boys |
| 3:30 pm | Shot Put | 1994/95 Boys | 2:30 pm | Long Jump | 1998 Boys |
| 3:45 pm | Long Jump | 1999/2000 Boys | | Shot Put | Open Women |
| | Javelin | 1998 Girls | | | |
| 4:00 pm | Long Jump | Open Men * at Triple Jump pit | | | |