



VICTORIA TRACK AND FIELD CLUB
21st ANNUAL DOGWOOD TRACK AND FIELD MEET
Saturday and Sunday, May 9th and 10th, 2009

Sanctioned by BC Athletics

- DATES** Saturday and Sunday, May 9th and 10th, 2009
Please note that UVIC requires payment for parking on Saturday.
- LOCATION** Centennial Stadium, University of Victoria, Victoria, BC
- ELIGIBILITY** Current BC Athletics competitive membership or equivalent from another provincial or state association. Current BC Athletics school membership.
- ENTRY CHAIR** Evelyn Parent Phone: [250] 744-2982
890 Maltwood Terrace Fax: [250] 598-3533
Victoria, BC V8X 5C7 E-Mail: vtfc@shaw.ca
- ENTRY FEES** \$6.00 per event for Junior Development and Midget 15 athletes [2000 to 1994]
\$8.00 per event for Youth and older athletes [1993 and older]
Late entries or substitutions at the meet will be \$12.00 per event.

Day of Event school age BC Athletics membership @ \$3.00 per person.
VIAA fees will be included in the individual event fees.
Cheques are to be made payable to the Victoria Track and Field Club.
- ENTRY DEADLINE** All entries must be received no later than **6:00 pm on Friday, May 1st, 2009.**
All entries received after this time will be counted as late entries.
No late entries will be accepted after **12:00 noon, Thursday May 7th.**
Changes to original entries will be counted as late entries after **May 1st.**
Late entries (\$12 per event) may be accepted on meet day, if there is space in the event.
- E-MAIL ENTRIES** Clubs are welcome to e-mail or fax in their entry forms and then pay at the meet.
Complete payment is due before clubs pick up their registration packages.
Vancouver Island Athletic Association member clubs may obtain a line of credit and pay for their entries at the end of the meet.
- CLUB PACKAGES** Registration packages will be available in the main causeway under the covered stadium at 9:00 am on Saturday, May 9th and not before. Late arrivals will find their registration packages in the main press box at the top of the stairs under the covered stadium. Teams are asked to pick up the complete package and pay for all entry fees.
- MEET RULES** ATHLETICS CANADA and IAAF rules and regulations will apply at this meet.
BC Athletics Junior Development rules and regulations for championship meets will be followed wherever applicable.
- AWARDS** Victoria Track and Field Club medals for first, second, and third place finishes.
Victoria Track and Field Club ribbons for fourth to eighth place finishes.

GENERAL MEET INFORMATION

- AGE CATEGORIES** Junior Development athletes will compete in single age categories from 2000 to 1995 [JD 9, JD 10, JD 11, JD 12, JD 13, JD 14].
JD age groups may be combined for field events but each group will be scored separately for awards.
JD 14 [1995] and Midget 15 [1994] may compete together but will be scored separately for awards.
1993 and older athletes will compete together as an OPEN category but will be scored separately [Masters 1969 and older; Seniors 1970 to 1989; Juniors 1990 & 1991; and Youth 1992 & 1993].
Masters will compete as a single group as we do not have enough athletes to offer 5-year age categories for awards.
- SCHEDULE** Due to the numbers of participants at this meet we will follow all starting times for track events as listed in the published schedule of events. Any changes to the field event schedule will be listed in a revised schedule available at the meet.
Please make note when registering your athletes that our field event schedule is extremely tight and we will not hold up any field events for athletes participating in other events. Have your athletes check over the schedule before registering in this meet.
- FIELD EVENTS** Field events in the JD age classes 9 - 13 will be limited to three attempts for each athlete.
JD14 through to Open Category athletes will be given 3 trials, and the 8 athletes with the best valid performances will be allowed 3 additional trials.
- SPIKE LENGTHS** The maximum spike length allowed on this track is 7mm.
- TRACK RESTRICTIONS** The infield is out of bounds at all times as the infield is used for competition.
Please use the main entrance to the stadium and walk around to the finish line seating from the flagpole end of the track. Please observe all restricted areas.
- EQUIPMENT** Equipment will be provided by the Victoria Track and Field Club with the exception of pole vault poles. Personal equipment must be checked and weighed in the equipment shed under the electronic scoreboard at least 1 hour before the start of the throwing event. Contact the meet director if you need to locate an official to weigh your equipment.

MEET RESULTS Copies of the meet results will be posted on the Victoria Track and Field Club Website [www.victrack.ca] as well as through a link on the BC Athletics website at bcathletics.org.

UNIFORMS School or club team uniforms must be worn during all competitions.

TRACK EVENTS All events on the track will start with the Open Age Categories first at the posted times. Order will be Open, Senior, Junior, Youth, Midget 15 to JD 9 years.

WHEELCHAIR EVENTS Wheelchair events will go in the following order with women first, then men: T 54, T 53, followed by T52 and T51 combined. Categories may be combined if numbers are low but each category will be scored separately.

TIMED FINALS All events offered are timed finals.

BLOCKS Starting blocks are supplied for all athletes, JD 14 and older. Use of starting blocks by JD 14 and Midget 15 athletes is optional.

LATE ENTRIES All late entries will be charged if accepted after 6:00 pm on **Friday, May 1st, 2009**. Late entries will be closed at noon on **Thursday, May 7th, 2009**. Additional late entries will be accepted in the main press box during the meet at the discretion of the entry chair and only if space is available in the event.

RACE NUMBERS Numbers will be assigned to all athletes and must be worn during all competitions. Track events from 100 to 400 metres will have numbers on the back. Track events 800 metres and longer will have numbers on the front. Field events numbers may be worn on the back or the front.

STARTING HEIGHTS Starting heights for all pole vault groups and for Midget 15 and older high jump events will be determined by the athletes entered in the competition. Starting heights for JD high jump categories are as follows:

AGE	GIRLS	BOYS
9 years	.70 m *	.75 m *
10 years	.80 m *	.85 m *
11 years	.90 m	.95 m
12 years	.95 m	1.00 m
13 years	1.05 m	1.15 m
14 years	1.15 m	1.25 m
* Based on the height of the pit.		

HURDLES

This year we are only offering specific hurdle races. Please check the following hurdle events and register your athletes in their correct hurdle event.

DISTANCE	HEIGHT	AGE GROUP	#
110m	42"	Senior Men	10
110m	39"	Junior Men	10
110m	36"	Youth Men	10
100m	33"	Senior and Junior Women	10
100m	33"	JD 14 and Midget 15 Boys	10
100m	30"	Youth Women	10
80m	30"	JD 14 and Midget 15 Girls	8
80m	30"	JD 13 Boys	8
80m	30"	JD 13 Girls	8
80m	27"	JD 12 Girls and Boys	8
60m	24"	JD 11 & 10 Girls and Boys	6
60m	21"	JD 9 Girls and Boys	6

DISTANCE	HEIGHT	AGE GROUP	#
400m	36"	Senior and Junior Men	10
400m	33"	Youth Men	10
400m	30"	Senior, Junior and Youth Women	10
300m	30"	Midget 15 & JD 14 Girls and Boys	7
200m	27"	JD 13 Girls and Boys	5
200m	24"	JD 12 Girls and Boys	5

CONCESSION

The concession will be open during the meet and will be staffed by members of the University of Victoria athletics department.

ACCOMMODATION

Accent Inns is offering an event rate of \$75/night 250-475-7500 (mention Dogwood Track & Field Meet to get the rate).

5 star Grand Pacific Hotel in the Inner Harbour is offering an event rate of \$169/night 1-800-663-7550.

CAMPING

No overnight camping is permitted within the University of Victoria boundaries. Campus Security will patrol the campus and will remove any groups camping on site.

MEET AGE GROUPS

Year of Birth	Athlete Age Category
2000	JD 9
1999	JD 10
1998	JD 11
1997	JD12
1996	JD13
1995	JD 14
1994	Midget 15
1992 and 1993	Youth
1990 and 1991	Junior
1989 to 1973	Senior
1974 & older	Master

Vancouver Island Athletic Association clubs are asked to make sure that volunteers are in place at the posted start times for all events so that the schedule does not fall behind.

Announcements will be made throughout the meet if additional officials and volunteers are needed to help out at various events.

Sean Steele
Meet Director