

**~DRAFT~ Events will be changed to reflect new BCA
program standards
Comox Valley Cougars Track and Field Meet
June 26 & 27, 2010**

TRACK EVENTS

Order of events is oldest to youngest, males first.

Saturday June 26

10:30 am - 3000m (13+)

11:30 am - 200m heats (11+)

12:30 am - 60m heats (9,10,11)

1:30pm - 400mHurdles, 300mHurdles (14 & 15), 200mHurdles (12 & 13)

2:30 pm - HP 200m Women, 200m finals

3:00 pm - 60m finals

3:30 pm - 800m

4:30 pm – 4X100m relays

Sunday June 27

9:00 am -1500m

10:30 am - 100m heats

12:00 noon - Sprint Hurdles 110m, 100m, 80m, 60m

1:30 - 100m finals

2:30 - 400 m Timed final

3:30 - Race Walk 1500m, 800m

SATURDAY FIELD EVENTS

Time	High Jump	Long Jump	Triple Jump	Shot Put	Javelin	Discus	Hammer
10:30 am	00 Girls	01 G&B		01 Girls	98 Girls		98/97 Boys
11:30 am	00 Boys	97 Girls	99 Boys	01 Boys	99 Boys		Jv/Jun /OW
12:30 pm	99 Girls	97 Boys	98 Girls	00 Girls	Jv/Jun OW		Jv/Jun /OM
1:30 pm	99 Boys	96 Girls	98 Boys	00 Boys	Jv/Jun /OM		98/97 Girls
2:30 pm	Jv/Jun /OW	96 Boys	97 Girls	99 Girls	96 Girls		96/95 Boys
3:30 pm	Jv/Jun /OM	95 Girls	97 Boys	99 Boys	96 Boys		96/95 Girls
4:30 pm	98 Girls	95 Boys	96 Girls	Jv/Jun /OW	95 Girls	00 Boys	
5:00 pm						00 Girls	
5:30 pm	98 Boys		96 Boys	Jv/Jun /OM	95 Boys		

SUNDAY FIELD EVENTS

Time	High Jump	Long Jump	Triple Jump	Shot Put	Javelin	Discus
9:00 am	01 G&B	00 Girls	95 Girls	98 Girls	97 Girls	99 Boys
9:30 am						99 Girls
10:00 am	97 Girls	00 Boys	95 Boys	98 Boys	97 Boys	
10:30 am						98 Boys
11:00 am	97 Boys	99 Girls	Jv/Jun /OW	97 Girls	99 Boys	98 Girls
11:30 am						Jv/Jun /OM
12:00 am	96 Girls	99 Boys	Jv/Jun /OM	97 Boys	99 Girls	
12:15 pm						Jv/Jun /OW
1:00 pm	96 Boys	Jv/Jun /OW	99 Girls	96 Girls	00 Boys	97 Girls
1:30 pm						95 Boys
2:00 pm	95 Girls	Jv/Jun /OM		96 Boys	00 Girls	
2:15 pm						96/95 Girls
3:00 pm	95 Boys	98 Girls		95 Girls		96/95 Boys
4:00 pm		98 Boys		95 Boys		

For Field Events the Open Category includes: Youth 1993/94
 Juniors 1991/92
 Seniors 1990/70
 Masters 1969 +
 OM = Open Men
 OW = Open Women

Last Updated May 6