

**ALBERNI VALLEY TRACK CLUB  
BOB DAILEY TRACK AND FIELD MEET  
NORTH ISLAND SECONDARY SCHOOLS CHAMPIONSHIPS  
Saturday and Sunday, April 24<sup>th</sup> and 25<sup>th</sup>, 2010**

**Sanctioned by BC Athletics**

***Please note that the North Island Secondary Schools Qualification Meet for Grades 8/9 and Grade 10 and a meet for Grades 11/12 will be combined with the VIAA Bob Dailey Memorial Meet in Port Alberni on April 24 and 25, 2010.***

***Please note: This information package is for the Bob Daily Club Meet only. A separate information package for schools is available for school clubs and coaches. Please contact Kathy Andrews (information below) for North Islands Information.***

<b>DATES</b>	Saturday and Sunday, April 24 and 25, 2010
<b>LOCATION</b>	Bob Dailey Stadium, Port Alberni, BC
<b>ELIGIBILITY</b>	Current BC Athletics competitive membership or equivalent from another provincial or state association. Current BC Athletics school membership. Day of Event membership for non-member Schools is available.
<b>CLUB ENTRY CHAIR</b>	<b>Club Entries:</b> <b>Sheila Weegar</b> E-mail: <a href="mailto:sweegar@shaw.ca">sweegar@shaw.ca</a> Phone: 250-724-4642
<b>SCHOOL ENTRY CHAIR</b>	<b>North Islands Entries and Questions:</b> <b>Kathy Andrews</b> at Campbell River Christian School Email: <a href="mailto:kathy_rung@hotmail.com">kathy_rung@hotmail.com</a> Phone: 250- 923-7882 or 250-287-4266
<b>ENTRY FEES</b>	Club Athletes                      Single Day \$15.00      Both Days \$20.00 There are no late entry fees for VIAA club athletes. School athletes [Bantams and Juniors] may compete in additional events using their VIAA club stickers. Cheques are to be made payable to the Alberni Valley Track Club.
<b>MEET RULES</b>	ATHLETICS CANADA and IAAF rules and regulations will apply. BC Athletics Junior Development rules and regulations for championship meets will be followed wherever applicable.
<b>UPDATED MEET SCHEDULE</b>	The meet schedule and information package are posted on the AVTC website: <a href="http://www.avtrackclub.com">www.avtrackclub.com</a> . Please check this site for revisions to both the schedule and general information. Updated information packages posted on the site will be dated for your convenience.

<b>STARTING TIMES</b>	<p>Saturday: 10:00am start  Sunday: 9:00am start  Clubs are asked to have volunteer officials in place a minimum of 15 minutes before the start time for each event.</p>
<b>COACHES MEETING</b>	<p>There will be a coaches meeting at 9:40am on Saturday to answer questions and give additional information as required.  Coaches meeting will be held underneath the flagpoles at the west end of the track.</p>
<b>AWARDS</b>	<p>Alberni Valley Track and Field Club ribbons for first to eighth place in all events. Relay ribbons will be for first to fourth place.</p>
<b>CONCESSION</b>	<p>A full concession will be available at the meet.  You will be able to purchase AVTC Clothing at the concession.</p>
<b>REGISTRATION</b>	<p>The registration table for schools, clubs, officials and volunteers is beside Glenwood Sports Centre at the west end of the track.</p>
<b>FIELD EVENT INFORMATION</b>	<p>For Field Events the Open Category includes:</p> <ul style="list-style-type: none"> <li>• Youth [1993 and 1994]</li> <li>• Juniors [1991 and 1992]</li> <li>• Seniors [1990 to 1975]</li> <li>• Masters [1975 and older]</li> </ul> <p>1995 and 1996 athletes will compete together but results will be scored separately.  2001 and 2000 athletes will compete together for some field events but will be scored separately [High Jump, Long Jump and Shot Put].</p>
<b>NUMBER OF ATTEMPTS</b>	<p>Due to the large numbers in some age groups and the inclusion of the North Island school athletes, we need to limit field attempts at this meet.  Junior Development Athletes 9 to 13 years: 3 attempts.  Midget 14 and older Athletes: 3 attempts if group is large. 6 attempts if time permits.  Schools Athletes: 3 attempts each plus 3 additional attempts for top 8.  Open Athletes: 4 attempts if the group is large. 6 attempts if time permits.</p>
<b>ATHLETICS CANADA EVENT CHANGES</b>	<p>Midget age athletes [born in 1995 and 1996] will have event changes beginning in 2010. This will impact on the meet schedule and will cause these athletes to run different events than some younger athletes for the 2010 season only. Please have your midget athletes check the schedule carefully to make sure that they compete in the correct events.</p> <p>All JD age groups will have event changes beginning in April, 2011.</p> <p><b>Event Changes:</b>  <b>300 metres</b> [-400m], <b>1200 metres</b> [-1500 m], <b>2000 metres</b> [-3000 m]; <b>200 m Hurdles</b> [-300 m Hurdles] and 1500 Steeplechase <b>no water jumps.</b></p>

**TRACK EVENT  
INFORMATION**

Track events are run in this order: School Juniors, School Bantam, and then oldest to youngest club athletes with girls/women first in each age category followed by boys/men. [Open, senior, junior, youth, midget, JD 13 down to JD 9]

1500m will be run with the 15 year olds first down to the 9 year olds, and then a second section with Masters down in age to the School athletes.

Hurdle events will be run from the highest to the lowest hurdle heights.

Steeplechase height for boys and girls ages 14 and 15 is 30 inches [2009 rule change]. Open males compete at 36 inches.

**The infield is out of bounds at all times.**

**Photo electronic Timing is being used at this meet so the finish line area is out of bounds at all times!**

**2010 WORLD JUNIOR  
CHAMPIONSHIPS**

Athletes born in 1991, 1992 and 1993 are eligible for World Juniors in 2010. The qualifying period for the 2010 IAAF World Junior Championships is from July 1, 2009 to July 4, 2010. Athletes wishing to qualify for World Junior need to enter the correct events based on implements and/or hurdle specifications. Events will not be identified as **World Junior**.