

100 & 200m Sprints

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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100m Masters

Men Final

	VTFC	Peter	Freeman		12.70		1
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Juvenile 1987

Girls Final

	Vanier	Michelle	Bouwers		14.60		1
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Boys Final

	CRCS	Jon	Kaardal		12.10		1
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100m Midget 1988

Girls Final

	CXVC	Cayla	Cossette		12.90		1
	CXVC	Katie	Gallagher		13.60		2
	NTFC	Mary	Burke		14.00		3
	CRC	Rachelle	Trenholm		14.30		4
	CRC	Krystle	Anderson		14.90		5
	AVTC	Danielle	Hunter		15.60		6
	NTFC	Julia	Leavitt		17.20		7

Boys Final

	CXVC	Aaron	Malone		12.20		1
	CXVC	Dylan	Kirk		12.50		2
	CRCS	Matt	Frederichs		13.30		3
	PRTC	Adam	Dovick		13.80		4

100m Midget 1989

Girls Heat 1

	VTFC	Tamara	DePaoli		14.00		
	CXVC	Britnee	Anderson		14.20		
	CXVC	Kelly	Forbes		14.50		
	AVTC	Lindsay	L'Heureux		15.00		
	VTFC	Lauryn	Youden		15.10		

Girls Heat 2

	OTFC	Chelsea	Forseth		14.40		
	AVTC	Jana	Nixon		14.70		
	UNA	Taryn	Gibney		15.00		
	CXVC	Arlene	Neufeld		15.40		

CXVC	Teely	Piercy	15.70
AVTC	Leanne	Cappus	23.50

Girls Final

VTFC	Tamara	DePaoli	13.60	1
CXVC	Britnee	Anderson	13.90	2
OTFC	Chelsea	Forseth	14.20	3
CXVC	Kelly	Forbes	14.40	4
VTFC	Lauryn	Youden	14.70	5
UNA	Taryn	Gibney	14.80	6
AVTC	Jana	Nixon	15.20	7
CXVC	Arlene	Neufeld	15.60	8

Boys

Midget Boys 1989 Final

PEN	Kieran	Dunford	12.60	1
CVAC	Adam	Friis	13.30	2

100m 1990

Girls Heat 1

VTFC	Carly	Hopp	13.50
CXVC	Morgan	Davies	13.90
CXVC	Selena	Pisto	14.20
NTFC	Emmalynne	MacCorquodale	14.40
NTFC	Vianna	Ross	14.60
CXVC	Nicole	Israel	14.90
CXVC	Jessica	Casey	15.10
AVTC	Laura	Macauley	15.60

Girls Heat 2

CXVC	Dalyce	Supeene	14.50
CXVC	Amy	Wilde	14.70
PRTC	Brittany	Lacey	14.90
CXVC	Hilary	Hodge	15.50
NTFC	Rafie	Robinson	16.00
CXVC	Cassandra	Foley	16.60

Girls Final

VTFC	Carly	Hopp	13.60	1
CXVC	Selena	Pisto	14.10	2
NTFC	Emma	MacCorquodale	14.40	3
CXVC	Dalyce	Supeene	14.60	4
NTFC	Vianna	Ross	14.90	5

CXVC	Amy	Wilde	15.10	6
PRTF	Brittany	Lacey	15.30	7

Boys Heat 1

CXVC	Daniel	Neufeld	12.60
CXVC	John	Kelsey	13.90
CXVC	Phillip	Oel	14.30
CVAC	Kirk	Mount	14.40
OTFC	Owen	Catherall	14.90
CXVC	Brendan	Holm	15.50

Boys Heat 2

CXVC	Ryan	Chester	12.70
VTFC	Clayton	Thornber	14.10
PRTC	Max	Stewart	14.50
CRCS	Kass	Tucker	14.90
AVTC	Derek	Cappus	15.30

Boys Final

CXVC	Daniel	Neufeld	12.60	1
CXVC	Ryan	Chester	12.80	2
CXVC	John	Kelsey	14.10	3
VTFC	Clayton	Thornber	14.30	4
CXVC	Phillip	Oel	14.50	5
PRTF	Max	Stewart	14.70	6
CRCS	Kass	Tucker	15.10	7

100m 1991

Girls Heat 1

CXVC	Stefani	Hanson	14.00
CXVC	Ashley	Cousens	14.30
CXVC	Quinn	Erickson	14.60
CXVC	Kaitlyn	Vinette	14.80
CXVC	Emily	Schmidt	15.20
CXVC	Emily	Tranfield	15.60
CXVC	Jaclyn	Emery	16.70
CXVC	Julia	Gallagher	16.90

Girls Heat 2

CXVC	Christine	Law	13.80
AVTC	Krista	Kulczycki	14.50
CXVC	Molly	Richardson	14.80
AVTC	Emily	Clark	15.00
CXVC	Katie	Green	15.30
CXVC	Alannah	Twin	15.80

CXVC	Annika	Kirk	16.00
CXVC	Camille	MacCuspic	16.90

Girls Final

CXVC	Stefani	Hansen	13.90	1
CXVC	Christine	Law	14.00	2
CXVC	Ashley	Cousens	14.50	3
AVTC	Krista	Kulczycki	14.70	4
CXVC	Quinn	Erickson	14.90	5
CXVC	Molly	Richardson	15.20	6
AVTC	Emily	Clark	15.50	7

Boys Heat 1

PRTC	Justin	Gusola	14.00
AVTC	Troy	Rata	14.50
OTFC	Ryan	Gamble	14.80
CXVC	Fraser	Larock	15.10
CXVC	Trevor	Dykau	15.30
CRC	Clay	Frenette	15.60
NTFC	Howard	Geddes-Skelding	15.80
OTFC	Rowan	Forseth	16.40

Boys Heat 2

AVTC	Johnny	Larsen	14.30
PRTC	Matt	Gray	14.60
CXVC	Josh	Foley	14.90
AVTC	Michael	Cappus	15.50
AVTC	Dan	Korvin	15.70
CRC	Cam	Frenette	16.00
CXVC	Guy	Anderson	16.20

Boys Final

PRTF	Justin	Gusola	14.10	1
PRTF	Matt	Gray	14.30	2
AVTC	Johnny	Larsen	14.50	3
CXVC	Josh	Foley	14.90	4
AVTC	Troy	Rata	15.00	5
CXVC	Fraser	Larock	15.30	6
CXVC	Trevor	Dykau	15.70	7

100m 1992

Girls Final

CVAC	Kerissa	Mount	15.10	1
CVAC	Haleigh	Lloyd	15.30	2
NTFC	Jade	Richardson	15.40	3
OTFC	Kaylyn	Kwasnecha	15.60	4

ATFC	Wendy	Garcia	15.90	5
PRTC	Rachel	Gould	16.30	6
CXVC	Hannah	Aitken	16.70	7
CXVC	Tanya	Timmons	17.00	8

Boys 100m Heat 1

NTFC	Dylan	Kelso	14.20
PRTC	Kyle	Hutchings	14.90
OTFC	Greame	King	15.40
PEN	Mark	McNeill	15.60
CXVC	Brendon	Dawson	16.20
CXVC	Sean	Parente	16.70
OTFC	Matthew	Ritchie	17.00

Boys 100m Heat 2

NTFC	Fraser	Douglas	15.30
CXVC	Nick	Meade	15.60
PRTC	Ross	Thompson	15.90
NTFC	Taylor	Adams	16.40
CXVC	Adrian	Holm	16.50
NTFC	Sean	Little	17.50

Boys 100m Heat 3

OTFC	Thomas	Riva	14.40
CXVC	Cody	Parker	14.80
NTFC	Morgan	Johnston	15.10
NTFC	Ben	Anderson	15.60
NTFC	Curtis	Keen	16.00
NTFC	K'odi	Lewis-Willie	16.40

Boys Final

NTFC	Dylan	Kelso	14.30	1
OTFC	Thomas	Riva	14.70	2
PRTC	Kyle	Hutchings	15.00	3
CXVC	Cody	Parker	15.40	4
NTFC	Morgan	Johnston	15.60	5
NTFC	Douglas	Fraser	15.70	6
CXVC	Nick	Meade	15.90	7
OTFC	Greame	King	16.10	8

100m 1993

Girls Heat 1

UNA	Jade	Palm	15.10
NTFC	Sharelle	Geddes-Skelding	15.50
CVAC	Tiana	Farley	16.30
NTFC	Courtenay	Welsh	16.60

AVTC	Samantha	Campbell	17.40
PRTC	Alyse	Stewart	19.70

Girls Heat 2

OTFC	Marla	Catherall	15.40
UNA	Melanie	Kehler-Stevens	15.80
UNA	Hillary	Marciniak	16.10
PEN	Danielle	Delage	16.30
PEN	Lindsay	Seginson	16.50

Girls Final

PRTF	Jade	Palm	15.20	1
CXVC	Melanie	Kehler-Stevens	15.60	2
PRTC	Hillary	Marciniak	15.80	3
NTFC	Sharelle	Geddes-Skelding	16.10	4
OTFC	Marla	Catherall	16.30	5
PEN	Danielle	Delage	16.60	6
PEN	Lindsay	Seginson	16.80	7
CVAC	Tiana	Farley	17.00	8

Boys Heat 1

AVTC	Jamie	Wale	15.90
OTFC	Tristan	Forseth	16.10
PRTC	Milan	Varma	16.70
CRC	Samuel	Jepson	17.50
NTFC	Jared	Bannerman	18.50
NTFC	Hans	Jessen	19.10

Boys Heat 2

Pen	Dustin	Sapala	15.90
NTFC	Blake	Montrose	16.50
PRTC	Garrett	Brandsma	16.80
PRTC	Ryder	Hayes	17.30
AVTC	Warren	Longeuay	17.70

Boys Final

OTFC	Tristan	Forseth	15.20	1
PEN	Dustin	Sapala	15.70	2
NTFC	Blake	Montrose	16.40	3
PRTC	Garrett	Brandsma	16.60	4
PRTC	Milan	Varma	17.20	5

100m 1994

Girls Final

CRC	Ayla	Akehurst	16.50	1
NTFC	Richardson	Leigh	17.30	2

PRTC	Kelsey	Gusola	18.10	4
OTFC	Marissa	Penney	18.50	5
CRC	Chyanne	Trenholm	19.80	6
AVTC	Allison	Clark	20.30	7

Boys Final

AVTC	McKenzie	VanHagen	17.40	1
CXVC	Jack	Traves	17.70	2
PEN	Eric	Christiansen	18.30	3
CXVC	Eric	Tranfield	18.80	4
NTFC	Dorian	Lewis-Willie	19.00	5
NTFC	Brandon	Bonnetplume	19.50	6

200m Juvenile, Junior, Senior

Senior

Mens Final

UNA	Robin	Poirier	26.20	1
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Junior

Mens Final

UNA	Chris	Clare	23.10	1
UNA	Brandon	Hamilton	25.50	2
VTFC	Ian	Bright	25.70	3

Juvenile 1987

Girls Final

UNA	Kali	Little	29.20	1
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Boys Final

NTFC	Brendan	Cleary	23.30	1
UNA	Andrew	Howard	24.60	2
AVTC	Richard	Bell	25.10	3

200m Midget 1988

Girls Final

CXVC	Cayla	Cossette	26.30	1
CXVC	Kendra	Parker	28.00	2
CRC	Rachelle	Trenholm	29.60	3
NTFC	Danielle	Benson	30.00	4
CRC	Krystal	Anderson	30.50	5
AVTC	Danielle	Hunter	33.70	6
NTFC	Julia	Leavitt	36.80	7

Boys Final

CXVC	Aaron	Malone	24.10	1
CXVC	Dylan	Kirk	25.60	2

CRC	Kevan	Freeland	26.30	3
CXVC	Tyler	Shaw	27.00	4

200m Midget 1989

Girls Final

VTFC	Tanya	Vucco	28.50	1
CXVC	Britnee	Anderson	29.20	2
CXVC	Kelly	Forbes	30.00	3
OTFC	Chelsea	Forseth	30.50	4
AVTC	Diana	Dube	31.10	5
CXVC	Arlene	Neufeld	32.00	6

Boys Final

PEN	Kieran	Dunford	25.80	1
NTFC	Johnathon	VanAppelen	26.20	2
CVAC	Adam	Friis	27.70	3

200m 1990

Girls Final

VTFC	Carly	Hopp	28.30	1
CXVC	Morgan	Davies	29.00	2
CXVC	Selena	Pisto	29.40	3
CXVC	Nicole	Israel	29.40	4
CXVC	Dalyce	Supeene	29.80	5
NTFC	Preeya	Milburn	30.90	6
CXVC	Sarah	Ravensbergen	31.00	7
AVTC	Laura	Macauley	31.40	8
NTFC	Emma	MacCorquodale	31.70	9
CXVC	Hilary	Hodge	33.20	10
CXVC	Cassandra	Foley	34.60	11
NTFC	Rafie	Robinson	37.20	12

Boys Final

CXVC	Daniel	Neufeld	25.60	1
CXVC	Ryan	Chester	25.90	2
VTFC	Clayton	Thornber	29.80	3
PRTC	Max	Stewart	30.10	4
VTFC	Alex	Beveridge	30.40	5
NTFC	David	Robinson	31.40	6
CXVC	Brendan	Holm	32.50	7
UNA	Eric	Little	33.30	8

200m 1991

Girls Final

CXVC	Christine	Law	29.20	1
CXVC	Stefani	Hansen	29.40	2
AVTC	Krista	Kulczycki	29.40	3

	CXVC	Quinn	Erickson	30.60	4
	CXVC	Alannah	Twin	32.00	5
	CXVC	Emily	Clark	32.20	6
	CXVC	Annika	Kirk	32.30	7
	CXVC	Emily	Tranfield	33.20	8
	CXVC	Camille	MacCuspic	34.80	9
	AVTC	Maureen	McCulligh	35.00	10
	CXVC	Cayley	McCandless	38.20	11
Boys	PRTC	Justin	Gusola	28.90	1
	CXVC	Josh	Foley	29.40	2
	PRTC	Matt	Gray	29.60	3
	CRC	Clay	Frenette	29.80	4
	OTFC	Rowan	Forseth	29.90	5
	CXVC	Trevor	Dykau	31.60	6
	CRC	Cam	Frenette	31.90	7
	AVTC	Christian	Hansen	33.00	8
	CXVC	Guy	Anderson	33.20	9
	AVTC	Eric	Maurice	34.00	10

200m 1992

Girls Final

	NTFC	Jade	Richardson	32.50	1
	CVAC	Haleigh	Lloyd	34.50	2
	NTFC	Emily	Ross	35.30	3
	CXVC	Alexandra	Lawlor	36.60	4
	CXVC	Tanya	Timmons	37.50	5
	NTFC	Arden	Gill	40.60	6

Boys Final

	NTFC	Dylan	Kelso	30.20	1
	OTFC	Thomas	Riva	31.10	2
	AVTC	Daniel	Medland-Marchen	31.80	3
	NTFC	Douglas	Fraser	33.00	4
	PEN	Mark	McNeill	33.40	5
	NTFC	K'odi	Lewis-Willie	33.70	6
	NTFC	Taylor	Adams	35.10	7
	NTFC	Curtis	Keen	35.50	8
	OCTF	Graeme	King	36.60	9
	CXVC	Adrian	Holm	37.20	10
	NTFC	Sean	Little	39.30	11

200m 1993

Girls Final

	UNA	Melanie	Kehler-Stevens	33.10	1
	PEN	Danielle	Delage	33.60	2
	NTFC	Sharelle	Geddes-Skelding	33.90	3

PEN	Lindsay	Seginson	34.30	4
PEN	Shannon	Phelps	39.40	5
CRC	Emma	Layton	39.60	6
PEN	Katrina	Schurman	41.00	7
PRTC	Alyse	Stewart	43.40	8

Boys Final

OTFC	Tristan	Forseth	33.30	1
PEN	Dustin	Sapala	34.00	2
NTFC	Jared	Bannerman	38.40	4

200m 1994

Girls Final

NTFC	Leigh	Richardson	37.40	1
OTFC	Marissa	Penney	39.40	2
CRC	Chyanne	Trenholm	42.50	3

Boys Final

AVTC	John	Dube	38.00	1
NTFC	Brandon	Bonnetplume	40.00	2
NTFC	Dorian	Lewis-Willie	40.90	3
VTFC	Sam	Beveridge	41.20	4
CXVC	Eric	Tranfield	41.50	5

400 & 800 Meters

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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400m Masters FINAL

Men	VTFC	Peter	Freeman		56.70		1
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400m Senior FINAL

Girls

	CXVC	Christine	Morfitt	1	59.50		1
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Boys

400m Junior FINAL

Girls

Boys	VTFC	Ian	Bright		56.40		1
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400m Juvenile 1987/1986 FINAL

Girls	UNA	Kali	Little		69.00		1
	UNA	Michelle	Bowers		71.00		2

Boys	NTFC	Brendan	Cleary	52.70	1
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400m Midget 1988 FINAL

Girls	CXVC	Cayla	Cossette	61.50	1
	CXVC	Kendra	Parker	63.30	2
	NTFC	Danielle	Benson	67.30	3
	CRC	Rachelle	Trenholm	67.70	4
	VTFC	Viki	Ploch	68.80	5
	VTFC	Christina	Gaboury	71.70	6
	AVTC	Danielle	Hunter	82.60	7

Boys	CXVC	Dylan	Kirk	57.10	1
	CRCS	Danny	Demerse	58.90	2
	VTFC	Leyland	Cecco	60.40	3
	NTFC	Paul	Little	65.20	4

400m Midget 1989 FINAL

Girls	VTFC	Tamara	DePaoli	63.60	1
	CXVC	Kelly	Forbes	65.20	2
	VTFC	Tanya	Vucko	67.60	3
	CXVC	Britnee	Anderson	68.40	4
	VTFC	Lauryn	Youden	68.60	5
	OTFC	Chelsea	Forseth	72.10	6
	CXVC	Arlene	Neufeld	73.00	7
	AVTC	Brooke	Pighin	77.90	8

Boys	PEN	Kieran	Dunford	58.40	1
	CRCS	Jeremy	Kaardal	60.90	2

400m 1990

Girls	CXVC	Amanda	Kehler-Stevens	65.80	1
	CXVC	Morgan	Davies	66.50	2
	CXVC	Jessica	Casey	71.30	3
	CXVC	Nicole	Israel	71.90	4
	CVAC	Hannah	Antoniuk	72.50	5
	CXVC	Courtenay	Meade	73.90	6
	OTFC	Lauren	Riva	76.60	7
	AVTC	Laura	Macauley	77.00	8
	NTFC	Rafie	Robinson	83.60	9

Boys	CXVC	Daniel	Neufeld	58.60	1
	CXVC	Ryan	Chester	59.00	2
	CRCS	Geoff	Friderichs	68.10	3
	VTFC	Clayton	Thorber	69.80	4
	CVAC	Cory	Genereaux	71.00	5

	UNA	Travis	Pirozzini	71.20	6
	NTFC	David	Robinson	74.60	7

400m 1991

Girls	ACTC	Krista	Kulczycki	67.50	1
	CXVC	Christine	Law	68.00	2
	VTFC	Kate	Nelson	69.50	3
	VTFC	Justine	Johnson	71.10	4
	NTFC	Trina	Chartrand	74.10	5
	CXVC	Emily	Tranfield	75.70	6
Boys	NTFC	Brett	Montrose	64.70	1
	PRTC	Justin	Gusola	67.50	2
	AVTC	Johnny	Larsen	68.30	3
	OTFC	Rowan	Forseth	68.60	4
	CXVC	Josh	Foley	69.60	5
	CXVC	Fraser	Larock	71.70	6
	CRC	Matt	Sharpe	71.10	7
	CXVC	Trevor	Dykau	71.30	8
	AVTC	Troy	Rata	71.30	9
	AVTC	Dan	Korvin	76.20	10
	AVTC	Darryl	Pighin	79.50	11

400m 1992

Girls	CXVC	Kelly	Campbell	76.40	1
	NTFC	Jade	Richardson	77.80	2
	OTFC	Kaylyn	Kwasnecha	80.50	3
	CVAC	Haleigh	Lloyd	83.10	4
	PRTC	Rachel	Gould	86.30	5
	NTFC	Arden	Gill	94.20	6
Boys	CXVC	Cody	Parker	70.80	1
	OTFC	Thomas	Riva	70.90	2
	NTFC	Morgan	Johnston	72.20	3
	CXVC	Nick	Meade	75.10	4
	PRTC	Kyle	Hutchings	75.60	5
	NTFC	Curtis	Keen	79.20	6
	NTFC	Taylor	Adams	80.80	7
	NTFC	K'odi	Lewis-Willie	83.90	8
	OTFC	Greame	King	87.00	9
	OTFC	Matthew	Ritchie	90.00	10

400m 1993

Girls	UNA	Jade	Palm	77.20	1
	PEN	Danielle	Delage	77.40	2
	UNA	Hillary	Marciniak	77.80	3
	UNA	Melanie	Kehler-Stevens	79.80	4

	PEN	Lindsay	Seginson		83.70	5
	OTFC	Marla	Catherall		87.10	6
	NTFC	Sharelle	Geddes-Skelding		87.90	7
	CVAC	Tiana	Farley		90.60	8

Boys	NTFC	Blake	Montrose		77.20	1
	PEN	Dustin	Sapala		78.50	2
	OTFC	Tristan	Forseth		84.60	3
	NTFC	Jared	Bannerman		92.50	4

400m 1994

Girls	CRC	Ayla	Akehurst		84.50	1
	NTFC	Leigh	Richardson		86.50	2
	OTFC	Marissa	Penney		89.60	3
	PRTC	Shelby	Lacey		96.00	4

Boys	NTFC	Brandon	Bonnetplume		92.90	1
	NTFC	Dorian	Lewis-Willie		95.10	2
	PEN	Eric	Christiansen	1	42.20	3

800m Juvenile, Junior, Senior

Girls Senior

Boys Senior	UNA	Robin	Poirier	2	8.50	1
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Girls Junior

Boys Junior	UNA	Andrew	Howard	2	2.40	1
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800m Juvenile 1986/1987

Girls Juvenile 1986

	UNA	Christy	St.Jean	2	53.20	1
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Boys Juvenile 1986

	NTFC	Graeme	Hill	2	8.80	1
	VTFC	Shawn	Nelson	2	16.50	2

Girls Juvenile 1987

	UNA	Kali	Little	2	34.70	1
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Boys Juvenile 1987

800m Midget

Girls 1988

CRC	Krystle	Anderson	2	36.90	1
CXVC	Kendra	Parker	2	37.60	2
CRC	Rachelle	Trenholm	2	38.20	3
NTFC	Danielle	Benson	2	41.00	4
VTFC	Christina	Gaboury	2	41.60	5
AVTC	Danielle	Hunter	3	20.10	6

Boys 1988

UNA	Chris	Gordon	2	7.40	1
CXVC	Dylan	Kirk	2	13.90	2
VTFC	Leyland	Cecco	2	16.80	1
CRC	Kevan	Freeland	2	23.00	2
NTFC	Paul	Little	2	28.30	3

Girls 1989

VTFC	Tamara	DePaoli	2	26.40	1
CXVC	Kelly	Forbes	2	35.80	2
VTFC	Lauryn	Youden	2	42.20	3
OTFC	Chelsea	Forseth	2	54.10	4

Boys 1989

NTFC	Jon	Van Appelen	2	17.20	1
PEN	Kieran	Dunford	2	22.40	2
CXVC	Cameron	Levins	2	26.00	3
CVAC	Adam	Friis	2	31.60	4

800m 1990

Girls	CXVC	Amanda	Kehler-Stevens	2	40.40	1
	CXVC	Andrea	Lee	2	46.70	2
	CXVC	Morgan	Davies	2	49.20	3
	OTFC	Lauren	Riva	2	49.50	4
	CXVC	Sarah	Ravensbergen	2	53.90	5
	CXVC	Courtenay	Meade	2	58.00	6
	AVTC	Larua	Macauley	3	0.50	7
	PRTC	Tanya	Behan	3	1.40	8
	CXVC	Leah	Michaux	3	2.10	9
	NTFC	Rafie	Robinson	3	9.60	10

Boys	VTFC	Clayton	Thornber	2	39.30	1
	VTFC	Alex	Beveridge	2	41.40	2
	CVAC	Cory	Genereaux	2	42.30	3
	AVTC	Derek	Cappus	2	45.60	4
	UNA	Eric	Little	2	48.40	5
	NTFC	David	Robinson	2	53.50	6

800m 1991

Girls	VTFC	Justine	Johnston	2	35.00	1
	VTFC	Katie	Nelson	2	38.70	2
	CXVC	Christine	Law	2	42.80	3
	NTFC	Trina	Chartrand	2	45.40	4
	CXVC	Emily	Tranfield	2	50.10	5
	CXVC	Ariel	Grant	2	51.60	6
	AVTC	Maureen	McCulligh	2	54.60	7
	CXVC	Annika	Kirk	3	2.10	8
	CXVC	Molly	Richardson	3	6.30	9
	CXVC	Quinn	Erickson	3	9.70	10
	CXVC	Ashley	Cousens	3	14.30	11
	PRTC	Mary	Johnston	3	15.60	12

Boys

	OTFC	Rowan	Forseth	2	34.90	1
	CXVC	Josh	Foley	2	36.10	2
	CRC	Matt	Sharp	2	36.40	3
	PRTC	Matt	Gray	2	39.10	4
	INDEP	Ryan	Campbell	2	45.70	5
	AVTC	Michael	Cappus	2	46.00	6
	CXVC	Trevor	Dykau	2	46.30	7
	CXVC	Guy	Anderson	2	57.10	8
	OTFC	Wesley	Plensky	3	6.20	9

800m 1992

Girls	CXVC	Kelly	Campbell	2	57.70	1
	NTFC	Emily	Ross	3	5.80	2
	CXVC	Sylvia	Watkins	3	13.70	3
	CXVC	Alexandra	Lawlor	3	16.80	4
	NTFC	Arden	Gill	3	30.80	5

Boys	OTFC	Thomas	Riva	2	44.70	1
	NTFC	Ben	Anderson	2	46.60	2
	AVTC	Daniel	Medland-Marchen	2	52.30	3
	NTFC	Taylor	Adams	2	56.80	4
	NTFC	Curtis	Keen	2	57.90	5
	NTFC	K'odi	Lewis-Willie	3	6.10	6

	NTFC	Cameron	Paugh	3	11.40	7
	OTFC	Greame	King	3	23.40	8
	CXVC	Sean	Parente	3	42.60	9

800m 1993

Girls	UNA	Melanie	Kehler-Stevens	3	2.10	1
	PEN	Danielle	Delage	3	4.00	2
	PEN	Lindsay	Seginson	3	14.50	3
	PEN	Shannon	Phelps	3	20.10	4
	AVTC	Samantha	Campbell	3	25.50	5
	PEN	Katrina	Schurman	3	34.10	6

Boys

	PEN	Dustin	Sapala	2	54.70	1
	PRTC	Ryder	Hayes	2	58.20	2
	PRTC	Garrett	Brandsma	3	0.30	3
	OTFC	Tristan	Forseth	3	5.30	4
	OTFC	Hayden	Scheiber	3	8.70	5
	AVTC	Warren	Longeuay	3	23.50	6
	NTFC	Jared	Bannerman	3	24.50	7
	CRC	Samuel	Jepson	3	45.80	8

800m 1994

Girls	NTFC	Leigh	Richardson	3	20.20	1
	OTFC	Marissa	Penney	3	26.90	2
	PRTC	Shelby	Lacey	3	35.00	3

Boys	NTFC	Brandon	Bonnetplume	3	21.40	1
	AVTC	John	Dube	3	27.40	2
	CXVC	Jack	Traves	3	33.80	3
	NTFC	Dorian	Lewis-Willie	3	40.00	4

Distance & walks

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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1500m Masters

Men	VTFC	Shawn	Nelson	4	54.00		1
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1500m Junior

Men	UNA	Robin	Poirier	4	38.00		1
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1500m Juvenile

Men	NTFC	Graeme	Hill	4	24.60	1
	VTFC	Shawn	Nelson	4	54.00	2
Girls	UNA	Kali	Little	5	29.00	1
	CRCS	Kim	Fox	5	47.80	2

1500m Midget 1988

Girls	VTFC	Christina	Gaboury	5	32.10	1
	CRC	Krystle	Anderson	5	39.40	2
	AVTC	Danielle	Hunter	6	40.40	3
Boys	UNA	Chris	Gordon	4	32.90	1
	VTFC	Leyland	Cecco	4	50.80	2
	CXVC	Bryce	Mancell	5	12.70	3
	NTFC	Paul	Little	5	13.80	4

1500m Midget 1989

Girls	VTFC	Tamara	DePaoli	5	5.90	1
	CXVC	Kelly	Forbes	5	37.80	2
Boys						
	CXVC	Cameron	Levins	4	56.50	1
	CRCS	Matt	Ness	5	6.10	2

1500m 1990

Girls	CXVC	Amanda	Kehler-Stevens	5	32.50	1
	CXVC	Morgan	Davies	5	35.70	2
	CXVC	Andrea	Lee	5	35.90	3
	OCTF	Lauren	Riva	5	36.20	4
	CRCS	Julie	Harris	5	37.50	5
	PRTC	Tanya	Behan	6	10.50	6
Boys	UNA	Travis	Pirozzini	5	18.40	1
	CRCS	Kass	Tucker	5	28.90	2
	AVTC	Derek	Cappus	5	32.00	3
	UNA	Eric	Little	5	38.50	4

1500m 1991

Girls	VTFC	Justine	Johnson	5	10.50	1
	VTFC	Katie	Nelson	5	19.20	2
	CXVC	Christine	Law	5	40.60	3
	AVTC	Maureen	McCulligh	5	44.60	4
	NTFC	Tina	Chartrand	5	51.10	5

	AVTC	Emily	Clark	6	0.90	6
	CXVC	Annika	Kirk	6	13.70	7
Boys	OTFC	Rowan	Forseth	5	16.40	1
	NTFC	Brett	Montrose	5	26.00	2
	CXVC	Josh	Foley	5	26.70	3
	PRTC	Matt	Gray	5	28.40	4
	CXVC	Fraser	Larock	5	34.30	5
	CXVC	Trevor	Dykau	5	43.60	6
	AVTC	Michael	Cappus	5	46.80	7
	OTFC	Wesley	Plensky	6	16.20	8

1500m 1992

Girls	CXVC	Kelly	Campbell	5	58.50	1
	PEN	Shauna	McInnis	6	8.90	2
	OTFC	Tiana	Farley	6	47.60	3

Boys

	OTFC	Thomas	Riva	5	33.60	1
	NTFC	Ben	Anderson	5	36.10	2
	NTFC	Douglas	Fraser	5	45.70	3
	AVTC	Daniel	Medland-Marchen	5	55.30	4
	NTFC	Bryce	Pirozzini	6	8.10	5
	NTFC	Taylor	Adams	6	9.10	6
	NTFC	Kodi	Lewis-Willie	6	12.30	7
	NTFC	Cameron	Paugh	6	27.50	8
	CXVC	Adrian	Holm	6	44.80	9

1500m 1993

Girls	UNA	Hillary	Marciniak	6	0.70	1
	UNA	Melanie	Kehler-Stevens	6	5.50	2
	CVAC	Sharla	Godmaire	7	5.50	3

Boys	PEN	Dustin	Sapala	5	55.90	1
	OTFC	Tristan	Forseth	5	59.60	2
	NTFC	Blake	Montrose	6	8.30	3
	CRC	Samuel	Jepson	7	31.20	4

1500 m 1994

Girls

Boys

	PEN	Eric	Christiansen	6	50.10	1
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3000m Masters

Men	Eric	Murphy		9	56.50	1
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3000m Midget 1988

Girls	VTFC	Christina	Gaboury	12	9.40	1
Boys	UNA	Alex	Lee	11	15.80	1
	CXVC	Bryce	Mancell	11	26.70	2

3000m Midget 1989

Girls	VTFC	Tamara	DePaoli	11	25.80	1
Boys	CXVC	Cameron	Levins	10	26.30	1

3000m 1990

Girls	OTFC	Lauren	Riva	13	1.60	1
	PRTC	Tanya	Behan	13	41.40	2
Boys	CVAC	Cory	Genereaux	12	33.40	1

3000m 1991

Girls

Boys

3000m 1992

Girls

Boys

3000m 1993-94

Girls

Boys

1500m Racewalk 1988

Girls	VTFC	Laura	Bright	9	49.50	1
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1500m Racewalk 1989

Girls	OTFC	Nicholle	Phillips	11	21.80	1
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1500m Racewalk 1990

Girls	CXVC	Dalyce	Supene	9	21.10	1
	CXVC	Amy	Wilde	9	29.50	2
	CXVC	Leah	Michaux	9	45.50	3
	CXVC	Amanda	Kehler-Stevens	9	50.10	4

800m Racewalk 1991

Girls	CRC	Kandace	Prior	4	43.50	1
	CXVC	Amy	Hamill	4	48.60	2
	CXVC	Annika	Kirk	4	56.20	3
	VTFC	Justine	Johnson	5	0.80	4
	CXVC	Molly	Richardson	5	11.50	5
	PRTC	Mary	Johnston	5	13.40	6
	CXVC	Emily	Tranfield	5	19.90	7
	CXVC	Alannah	Twin	5	21.20	8
Boys	NTFC	Sean	Brown	5	45.90	1

800m Racewalk 1992

Girls	CXVC	Tanya	Timmons	5	36.60	1
	OCTF	Sharla	Godmaire	5	42.30	2
	PRTC	Rachel	Gould	6	44.00	3
Boys	NTFC	Douglas	Fraser	5	45.40	1
	CXVC	Brendon	Dawson	6	9.00	2
	NTFC	Taylor	Adams	7	5.80	3
	NTFC	Cameron	Paugh	7	8.90	4

800m Racewalk 1993

Girls	PEN	Danielle	Delage	6	0.00	1
	CVAC	Tiana	Farley	6	7.30	2
	NTFC	Sharelle	Geddes-Skelding	6	7.50	3

Sprint & Distance Hurdles

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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100m OPEN

Girls

Boys

	CXVC	Warren	Hamill		15.80		1
	CXVC	Aaron	Malone		16.10		1
	CXVC	Tyler	Shaw		18.10		2

80m Midget 1988

Girls	CXVC	Katie	Gallagher	12.70	1
	CRC	Rachelle	Trenholm	15.50	2
	AVTC	Danielle	Hunter	18.00	3

Boys

80m Midget 1989

Girls	CXVC	Kelly	Forbes	15.00	1
	CXVC	Britnee	Anderson	16.00	2
	AVTC	Diana	Dube	16.80	3
	AVTC	Jana	Nixon	17.10	4
	OTFC	Nicholle	Phillips	17.60	5

Boys

80m 1990

Girls

	VTFC	Carly	Hopp	15.10	2
	CXVC	Amy	Wilde	15.30	3
	CXVC	Nicole	Israel	15.60	5
	AVTC	Laura	Macauley	16.60	8
	CXVC	Leah	Michaux	17.10	9
	NTFC	Preeya	Milburn	14.10	1
	CXVC	Olea	Vandermale	15.50	4
	CXVC	Jessica	Casey	15.80	6
	NTFC	Emma	MacCorquodale	16.10	7
	CXVC	Cassandra	Foley	18.30	10

Boys

	CXVC	Ryan	Chester	13.40	1
	CXVC	Phillip	Oel	14.70	2
	VTFC	Alex	Beveridge	15.10	3
	AVTC	Derek	Cappus	16.00	4

CXVC	Brendan	Holm	16.60	5
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80m 1991

Girls

CXVC	Ashley	Cousens	14.50	1
CXVC	Emily	Transfield	16.40	4
AVTC	Emily	Clark	16.50	6
NTFC	Trina	Chartrand	17.30	7
AVTC	Krista	Kulczycki	14.90	2
CXVC	Molly	Richardson	15.90	3
CXVC	Emily	Schmidt	16.50	5
CXVC	Camille	MacCuspic	17.40	8
AVTC	Maureen	McCulligh	18.30	9

Boys

AVTC	Michael	Cappus	14.30	1
AVTC	Troy	Rata	14.70	2
AVTC	Johnny	Larsen	15.10	3
AVTC	Eric	Maurice	17.00	8
PRTC	Matt	Gray	15.40	4
NTFC	Howard	Geddes Skelding	15.80	5
CXVC	Guy	Anderson	16.20	6
OTFC	Wesley	Plensky	16.50	7

60m 1992

Girls

NTFC	Jade	Richardson	11.60	1
CVAC	Haleigh	Lloyd	11.80	2
AVTC	Jaimee	Davidson	13.00	6
CXVC	Alexandra	Lawlor	13.20	7
CXVC	Tanya	Timmons	13.70	8
CXVC	Michelle	Spelay	14.00	9
AVTC	Wendy	Garcia	11.90	3
NTFC	Emily	Ross	12.30	4
PRTC	Rachel	Gould	12.60	5
OTFC	Sharla	Godmaire	14.20	10
NTFC	Arden	Gill	14.50	11

Boys

NTFC	Ben	Anderson	12.10	2
NTFC	Kyle	Uytterhagen	12.50	4
NTFC	Morgan	Johnston	13.00	7
NTFC	Taylor	Adams	13.20	9
CXVC	Brendon	Dawson	13.50	10
CXVC	Adrian	Holm	13.80	12

NTFC	Sean	Little	14.40	13
OTFC	Thomas	Riva	11.50	1
CXVC	Cody	Parker	12.20	3
NTFC	Fraser	Douglas	12.50	5
PEN	Mark	McNeill	12.70	6
NTFC	Curtis	Keen	13.00	8
PRTC	Ross	Thompson	13.50	11
OTFC	Graeme	King	14.80	14

60m 1993

Girls

NTFC	Sharelle	Geddes Skelding	12.60	1
IND	Melonie	Kehler-Stevens	13.00	2
PEN	Danielle	Delage	13.20	3
PEN	Lindsay	Seginson	13.60	4
PEN	Shannon	Phelps	13.90	5
AVTC	Carly	Watson	14.30	6
PEN	Katrina	Schurman	15.20	7

Boys

PEN	Dustin	Sapala	11.80	1
PRTC	Garrett	Brandsma	12.40	2
OTFC	Hayden	Scheiber	13.00	3
PRTC	Ryder	Hayes	13.70	4
NTFC	Jared	Bannerman	15.00	5

60m 1994

Girls

CRC	Ayla	Akenhurst	12.50	1
OTFC	Marissa	Penney	13.10	2
CRC	Chyanne	Trenholm	13.60	3
NTFC	Leigh	Richardson	13.90	4
PRTC	Kelsey	Gusola	14.40	5
PRTC	Shelby	Lacey	14.70	6
AVTC	Rachel	Hansen	15.10	7
AVTC	Allison	Clark	15.60	8

Boys

CXVC	Eric	Tranfield	12.70	1
AVTC	John	Dube	13.10	2
NTFC	Brandon	Bonnetplume	13.30	3
AVTC	McKenzie	Van Hagen	14.00	4
CXVC	Jack	Traves	14.20	5
VTFC	Sam	Beveridge	14.60	6

200m Juvenile, Junior, Senior

Girls

Boys

300m Midget Distance Hurdles

Girls	CXVC	Kendra	Parker	50.20	1
	CXVC	Kelly	Forbes	51.00	2
	CXVC	Britnee	Anderson	53.30	3
	CRC	Krystle	Anderson	53.60	4
	AVTC	Brooke	Pighin	57.20	5
	AVTC	Lindsay	L'Heureux	58.50	6
	OTFC	Nicholle	Phillips	63.10	7
Boys	CXVC	Aaron	Malone	42.70	1
	CRC	Kevan	Freeland	46.30	2

200m Hurdles 1990

Girls	VTFC	Carly	Hopp	30.90	1
	CXVC	Nicole	Israel	32.80	2
	NTFC	Preeya	Milburn	33.20	3
	CXVC	Amy	Wilde	33.40	4
	CXVC	Sarah	Ravensbergen	33.70	5
	NTFC	Emmalynne	MacCorquodale	34.00	6
	NTFC	Vianna	Ross	34.10	7
	CXVC	Jessica	Casey	34.30	8
	AVTC	Laura	Macauley	35.30	9
	PRTC	Tanya	Behan	35.40	10
	CXVC	Leah	Micheaux	36.30	11
Boys	CXVC	Ryan	Chester	29.70	1
	CXVC	Brendan	Holm	36.70	2

200m Hurdles 1991

Girls	AVTC	Krista	Kulczycki	32.80	1
	CXVC	Amy	Hamill	37.60	2
	CXVC	Camille	MacCuspick	39.40	3
Boys	NTFC	Brett	Montrose	32.50	1
	AVTC	Michael	Cappus	32.90	2
	CRC	Clay	Frenette	33.10	3
	NTFC	Robbie	Welsh	33.90	4

200m Hurdles1992

Girls	CXVC	Kelly	Campbell	36.70	1
	PRTC	Rachel	Gould	37.30	2
	OTFC	Kaylyn	Kwasnecha	37.50	3
	CXVC	Tanya	Timmons	40.00	4
	CXVC	Hannah	Aitken	42.10	5
	OTFC	Sharla	Godmaire	45.50	6
Boys	OTFC	Thomas	Riva	33.80	1
	NTFC	Fraser	Douglas	34.80	2
	NTFC	Ben	Anderson	35.10	3
	PEN	Mark	McNeill	36.80	4
	CXVC	Nick	Meade	37.30	5
	NTFC	Curtis	Keen	37.80	6
	OTFC	Matthew	Ritchie	41.00	7
	OTFC	Greame	King	41.60	8
	CXVC	Sean	Parente	41.70	9

200m 1993-94

Girls

Boys

High Jump

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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High Jump Masters

Men	VTFC	Eric	Murphy	1.40			1
	CXVC	Warren	Hamill	1.50			2

High Jump Juvenile 1986/1987

Girls	CVAC	Jessica	Peers	1.45			1
Boys	VR	Michael	Mason	1.85			1
	VTFC	Shawn	Nelson	1.45			2

High Jump Midget 1988

Girls

	CXVC	Katie	Gallagher	1.55			1
	VTFC	Christina	Gaboury	1.15			2

Boys

PEN	Jason	Ireland	1.60	1
NTFC	Paul	Little	1.55	2
PRTC	Adam	Dovick	1.45	3
CRC	Kevan	Freeland	1.45	4

High Jump Midget 1989

Girls	CXVC	Anna	Hermans	1.30	1
	AVTC	Jana	Nixon	1.25	2
	AVTC	Brooke	Pighin	1.20	3
	OTFC	Nicholle	Phillips	1.20	4
	AVTC	Leanne	Cappus	1.20	5
	VTFC	Lauryn	Youden	1.15	6
	UNA	Taryn	Gibney	1.10	7
Boys	CRCS	Jeremy	Kaardal	1.55	1
	VTFC	Leyland	Cecco	1.40	2
	CRCS	Chris	Harris	1.30	3
	CRCS	Tim	Markloff	F	

High Jump 1990

Girls	CVAC	Hannah	Antoniuk	1.50	1
	VTFC	Katherine	Murphy	1.50	2
	VTFC	Carly	Hopp	1.40	3
	PEN	Christine	Ireland	1.40	4
	CXVC	Olea	Vandermale	1.35	5
	NTFC	Vianna	Ross	1.35	6
	NTFC	Preeya	Milburn	1.35	7
	AVTC	Laura	Macauley	1.25	8
	CXVC	Leah	Michaux	1.20	9
	PRTC	Tanya	Behan	1.20	10
	CXVC	Sarah	Ravensbergen	1.15	11
Boys	CXVC	Ryan	Chester	1.45	1
	VTFC	Clayton	Thirbnber	1.35	2
	VTFC	Alex	Beaveridge	1.35	3
	VTFC	Julian	Cecco	1.35	4
	PRTC	Max	Stewart	1.20	5
	AVTC	Derek	Cappus	1.15	6

High Jump 1991

Girls	CXVC	Quinn	Erickson	1.35	1
	CXVC	Ashley	Cousens	1.25	2
	NTFC	Trina	Chartrand	1.25	3
	CXVC	Emily	Tranfield	1.25	4
	CXVC	Katie	Green	1.20	5
	CXVC	Jaclyn	Emery	1.20	6

	CXVC	Ariel	Grant	1.20	7
	CRC	Kandace	Prior	1.20	8
	VTFC	Kaitlin	Nelson	1.15	9
	AVTC	Maureen	McCulligh	1.15	10
	CXVC	Kaitlyn	Vinette	1.05	11
Boys	NTFC	Sean	Brown	1.30	1
	AVTC	Johnny	Larsen	1.30	2
	AVTC	Michael	Cappus	1.25	3
	CRC	Clay	Frenette	1.25	3
	OTFC	Ryan	Gamble	1.25	5
	OTFC	Wesley	Plensky	1.25	6
	AVTC	Eric	Maurice	1.15	7
	CRC	Dan	Udy	1.15	7
	CRC	Cam	Frenette	1.15	9
	PRTC	Justin	Gusola	1.10	10
	CXVC	Trevor	Dykau	1.10	11
	CRC	Matt	Sharpe	1.10	12
	AVTC	Christian	Hansen	1.05	13
	AVTC	Troy	Rata	1.05	14

High Jump 1992

Girls	NTFC	Jade	Richardson	1.15	1
	CVAC	Haleigh	Lloyd	1.15	2
	AVTC	Wendy	Garcia	1.10	3
	AVTC	Jaimee	Davidson	1.10	4
	CXVC	Alexandra	Lawlor	1.05	5
	CXVC	Tanya	Timmons	1.00	6
	OTFC	Sharla	Godmaire	0.95	7
Boys	OTFC	Thomas	Riva	1.23	1
	PRTC	Ross	Thompson	1.20	2
	NTFC	Ben	Anderson	1.15	3
	NTFC	Morgan	Johnston	1.15	4
	NTFC	Dylan	Kelso	1.10	5
	NTFC	Douglas	Fraser	1.05	6
	NTFC	Kyle	Uytterhagen	1.05	7
	OTFC	Greame	King	1.05	8
	NTFC	Curtis	Keen	1.00	9
	PEN	Mark	McNeill	1.00	10

High Jump 1993

Girls	UNA	Jade	Palm	1.10	1
	UNA	Hillary	Marciniak	1.10	2
	PEN	Danielle	Delage	1.05	3
	CVAC	Tiana	Farley	1.00	4
	OTFC	Marla	Catherall	0.95	5

	AVTC	Samantha	Campbell	0.85	6
Boys	PRTC	Garrett	Brandsma	1.00	6
	OTFC	Geoffry	Campbell	0.90	7
	OTFC	Tristian	Forseth	1.05	5
	PEN	Dustin	Sapala	1.05	3
	PRTC	Milan	Varma	1.15	1
	AVTC	Jaime	Wale	1.05	4
	AVTC	Warren	Longeuay	0.80	9
	CRC	Samuel	Jepson	0.80	8
	OTFC	Hayden	Scheiber	1.10	2

High Jump 1994

Girls	CRC	Ayla	Akehurst	1.05	1
	PRTC	Shelby	Lacey	1.00	2
	NTFC	Leigh	Richardson	1.00	3
	OTFC	Marissa	Penney	1.00	4
Boys	AVTC	John	Dube	0.95	1
	VTFC	Sam	Beveridge	0.85	2
	CXVC	Jack	Traves	0.85	3
	CXVC	Eric	Tranfield	0.85	4

Long & Triple Jump

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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Long Jump Juvenile, Junior, Senior

Girls Juvenile 1987

	NTFC	Kim	Benson	4.00	1
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Junior 1985

Boys	Vanier	Brandon	Hamilton	5.29	1
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Long Jump Midget 1988

Girls	CXVC	Kelly	Forbes	3.90	1
	VTFC	Viki	Ploch	3.87	2
	Avtc	Danielle	Hunter	2.74	3

Boys	CRCS	Dan	Demerse	4.72	1
	CXVC	Aaron	Malone	4.52	2
	CRC	Kevin	Freeland	4.41	3
	PRTC	Adam	Dovick	4.38	4
	CRCS	Tim	Markloff	3.77	5
	PEN	Anthony	Manning	3.69	6

Long Jump Midget 1989

Girls	CXVC	Katie	Gallagher	4.74	1
	AVTC	Jana	Nixon	3.66	2
	CXVC	Anna	Hermans	3.57	3
	AVTC	Diana	Dube	3.57	3
	OTFC	Chelsea	Forseth	3.57	5
	UNA	Tara	Gibney	3.44	6
	CXVC	Nicole	Dykau	3.39	7
	AVTC	Leanne	Cappus	2.93	8

Boys	CRCS	Jeremy	Kaardal	4.41	1
	CRCS	Chris	Harris	3.88	2
	CRCS	Matt	Ness	3.76	3
	CVAC	Adam	Friis	3.72	4
	CRCS	Drew	Fraiser	3.43	5
	CRCS	Rob	Demerse	4.72	6

Long Jump 1990

Girls	VTFC	Carly	Hopp	4.15	1
	NTFC	Preeya	Milburn	4.01	2
	PEN	Christine	Ireland	3.91	3
	CXVC	Jessica	Casey	3.90	4
	CXVC	Olea	Vandermale	3.89	5
	AVTC	Laura	Macauley	3.77	6
	CXVC	Amy	Wilde	3.73	7
	CXVC	Amanda	Kehler-Stevens	3.69	8
	CXVC	Morgan	Davies	3.60	9
	NTFC	Emma	MacCorquodale	3.59	10
	CXVC	Hilary	Hodge	3.58	11
	CXVC	Sarah	Ravensbergen	3.52	12
	CXVC	Leah	Michaux	3.48	13
	CXVC	Courtenay	Meade	3.26	14
	NTFC	Christine	Bervon	3.05	15
	OTFC	Jasmine	Dumas	2.92	16
	AVTC	Lauren	Dube	2.75	17
	CXVC	Cassandra	Foley	2.56	18

Boys	CXVC	John	Kelsey	4.20	1
	PRTC	Max	Stewart	3.56	2

NTFC	David	Robinson	3.37	3
OTFC	Owen	Catherall	3.36	4
CXVC	Brendan	Holm	3.28	5
CRCS	Derek	Gresdal	2.92	6

Long Jump 1991

Girls	CXVC	Ashley	Cousens	3.71	1
	CXVC	Quinn	Erickson	3.70	2
	CXVC	Stefani	Hansen	3.36	3
	CXVC	Kaitlyn	Vinette	3.48	4
	NTFC	Trina	Chartrand	3.43	5
	CXVC	Emily	Tranfield	3.40	6
	CXVC	Emily	Schmidt	3.39	7
	CXVC	Ariel	Grant	3.16	8
	VTFC	Justine	Johnson	3.08	9
	AVTC	Emily	Clark	3.01	10
	CXVC	Camille	MacCuspik	2.97	11
	CXVC	Julia	Gallagher	2.95	12
	CXVC	Molly	Richardson	2.93	13
	PRTC	Mary	Johnston	2.83	14
	CXVC	Jaclyn	Emery	2.72	15
	AVTC	Maureen	McCulligh	2.63	16
	CXVC	Courtney	Morris	2.59	17
Boys	CXVC	Josh	Foley	3.88	1
	AVTC	Troy	Rata	3.81	2
	NTFC	Robbie	Welsh	3.57	3
	CRC	Clay	Frenette	3.45	4
	CXVC	Fraser	Larock	3.44	5
	OTFC	Wesley	Plensky	3.39	6
	NTFC	Brett	Montrose	3.37	7
	PRTC	Matt	Gray	3.32	8
	CRC	Cam	Frenette	3.30	9
	PRTC	Justin	Gusola	3.21	10
	CRC	Matt	Sharpe	3.18	11
	OTFC	Ryan	Gamble	3.16	12
	CXVC	Trevor	Dykau	3.08	13
	NTFC	Howard	Geddes Skelding	3.05	14
	AVTC	Darryl	Pighin	3.00	15
	AVTC	Michael	Cappus	2.94	16
	NTFC	Sean	Brown	2.93	17

Long Jump 1992

Girls	NTFC	Arden	Gill	2.20	11
	CVAC	Haleigh	Lloyd	3.35	3

	OTFC	Sharla	Godmaire	2.70	9
	AVTC	Jaimee	Davidson	3.08	5
	CXVC	Sylvia	Watkins	2.45	10
	CXVC	Tanya	Timmons	2.96	7
	AVTC	Wendy	Garcia	3.55	2
	PRTC	Rachel	Gould	3.02	6
	CXVC	Michelle	Spelay	2.73	8
	NTFC	Jade	Richardson	3.77	1
	NTFC	Emily	Ross	3.33	4

Boys	NTFC	Dylan	Kelso	3.69	1
	PRTC	Kyle	Hutchings	3.41	2
	NTFC	Ben	Anderson	3.33	3
	PEN	Mark	McNeill	3.28	4
	PRTC	Ross	Thompson	3.23	5
	CXVC	Nick	Meade	3.16	6
	CXVC	Brendon	Dawson	3.07	7
	CXVC	Cody	Parker	3.05	8
	NTFC	Morgan	Johnston	3.04	9
	CXVC	Adrian	Holm	3.03	10
	OTFC	Matthew	Ritchie	2.86	11
	OTFC	Greame	King	2.83	12
	NTFC	Douglas Jr.	Fraser	2.82	13
	NTFC	Taylor	Adams	2.80	14
	NTFC	Curtis	Keen	2.80	15
	NTFC	Bryce	Purizzini	2.39	16
	NTFC	Sean	Little	2.37	17

Long Jump 1993

Girls	PEN	Danielle	Delage	3.18	1
	PEN	Lindsay	Seginson	2.91	2
	PEN	Katrina	Schurman	2.87	3
	ACTC	Samantha	Campbell	2.82	4
	UNA	Melanie	Kehler-Stevens	2.68	5
	AVTC	Carly	Watson	2.68	5
	PEN	Shannon	Phelps	2.44	7
	PRTC	Alyse	Stewart	2.01	8

Boys	PEN	Dustin	Sapala	3.19	1
	PRTC	Garrett	Brandsma	3.01	2
	PRTC	Milan	Varma	2.99	3
	AVTC	Jamie	Wale	2.92	4
	PRTC	Ryder	Hayes	2.68	5
	NTFC	Blake	Montrose	2.46	6
	NTFC	Jessen	Hans	2.44	7

	CRC	Samuel	Jepson	2.35	8
	ACTC	Warren	Longeuay	2.29	9

Long Jump 1994

Girls	CRC	Ayla	Akehurst	3.23	1
	OTFC	Marissa	Penney	2.82	2
	NTFC	Leigh	Richardson	2.64	3
	PRTC	Kelsey	Gusola	2.09	4
	AVTC	Rachel	Hansen	2.06	5
	AVTC	Allison	Clark	1.89	6

Boys	NTFC	Brandon	Bonnetplume	2.44	1
	PEN	Eric	Christiansen	2.23	2
	NTFC	Dorian	Lewis-Willie	2.06	3
	ACTC	McKenzie	VanHagen	2.03	4
	CXVC	Eric	Tranfield	1.92	5
	CXVC	Jack	Traves	1.70	6

Triple Jump Juvenile, Junior, Senior

Boys	VTFC	Ian	Bright	11.11	1
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Juvenile 1987

Girls	NTFC	Kim	Benson	10.14	1
	UNA	Rachel	Fulmore	8.27	2

Boys	UNA	JD	Rose	11.74	1
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Triple Jump Midget 1988

Girls	CXVC	Katie	Gallagher	10.56	1
	AVTC	Danielle	Hunter	8.24	2
	VTFC	Viki	Ploch	8.24	3
	VTFC	Christina	Gaboury	7.70	4

Boys	CRC	Kevan	Freeland	10.36	1
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Triple Jump Midget 1989

Girls	CXVC	Britnee	Anderson	8.76	1
	CXVC	Kelly	Forbes	8.91	2

Boys	VTFC	Johnathon	VanAppelen	10.32	1
	CVAC	Adam	Friis	8.24	2

Triple Jump 1990

Girls	AVTC	Laura	Macauley	9.11	1
	NTFC	Vianna	Ross	8.99	2
	CXVC	Jessica	Casey	8.67	3
	CXVC	Amy	Wilde	8.45	4
	PEN	Christine	Ireland	8.36	5
	CXVC	Selena	Pisto	8.31	6
	CXVC	Olea	Vandermale	8.31	7
	CXVC	Nicole	Israel	8.22	8
	NTFC	Emmalynne	MacCorquodale	8.15	9
	PRTC	Brittany	Lacey	8.01	10
	CXVC	Courtenay	Meade	7.88	11
	CXVC	Andrea	Lee	7.75	12
	CXVC	Hilary	Hodge	7.73	13
	PRTC	Tanya	Behan	7.66	14

Boys	VTFC	Julian	Cecco	8.69	1
	CXVC	Phillip	Oel	8.44	2
	CVAC	Cory	Genereaux	7.38	3
	CXVC	Brendan	Holm	6.99	4

Triple Jump 1991

Girls	CXVC	Emily	Tranfield	8.67	1
	CXVC	Ashley	Cousens	8.65	2
	CXVC	Stephani	Hanson	8.44	3
	CXVC	Quinn	Erickson	7.56	4
	CXVC	Kaitlyn	Vinette	7.41	5
	CXVC	Emily	Schmidt	7.33	6
	CRC	Kandace	Prior	7.30	7
	CXVC	Ariel	Grant	7.30	8
	CXVC	Amy	Hamill	6.73	9
	CXVC	Julia	Gallagher	6.68	10
	PRTC	Mary	Johnston	6.42	11
	CXVC	Courtney	Morris	6.13	12
	AVTC	Maureen	McCulligh	5.81	13
	CXVC	Jaclyn	Emery	5.76	14

Boys	AVTC	Michael	Cappus	8.74	1
	CRC	Clay	Frenette	8.30	2
	CRC	Matt	Sharpe	7.93	3
	CRC	Cam	Frenette	7.52	4
	AVTC	Eric	Maurice	7.31	5

Triple Jump 1992

Girls	CVAC	Kerissa	Mount	7.39	1
	OTFC	Kaylyn	Kwasnecha	6.66	2
	CXVC	Tanya	Timmons	6.66	3
	OTFC	Sharla	Godmaire	6.13	4

	PRTC	Rachel	Gould	5.94		5
Boys	OTFC	Thomas	Riva	7.95		1
	NTFC	Ben	Anderson	7.89		2
	PRTC	Ross	Thompson	7.30		3
	NTFC	Morgan	Johnston	6.82		4
	NTFC	Douglas	Fraser	6.72		5
	CXVC	Brendon	Dawson	6.57		6
	AVTC	Daniel	Medland-Marchen	6.57		7
	NTFC	Curtis	Keen	6.48		8
	OTFC	Greame	King	5.11		9
	NTFC	Taylor	Adams	F		

Javelin & Shot Put

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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Javelin Masters

Men

	CXVC	Warren	Hamill	34.66		800g	1
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Women

Senior Javelin

Men	CXVC	Graham	Morfitt	72.33		800g	1
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Javelin Juvenile 1987

Girls	CXVC	Stephnie	Mrdeza	29.80		600g	1
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Men	CXVC	Trevor	Hinch	30.69		800g	1
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Javelin Midget 1988

Girls	NTFC	Julia	Leavitt	9.59		600g	6
	AVTC	Danielle	Hunter	11.31		600g	5
	VTFC	Viki	Ploch	12.20		600g	4
	CXVC	Brittany	Hanson	26.79		600g	1
	CXVC	Kendra	Parker	23.75		600g	2
	VTFC	Christina	Gaboury	15.78		600g	3

Boys	CXVC	Aaron	Malone	46.53		600g	1
	PEN	Jason	Ireland	38.72		600g	2
	UNA	Chris	Gordon	34.82		600g	3
	CRCS	Tim	Markloff	33.82		600g	4

PEN	Anthony	Manning	33.49	600g	5
CRC	Kevan	Freeland	30.89	600g	6
CRCS	Matt	Frederichs	29.97	600g	7
CRCS	Sam	Jackson	21.79	600g	8

Javelin Midget 1989

Girls	CXVC	Megan	Boguski	10.58	600g	7
	CXVC	Kelly	Forbes	25.25	600g	1
	CVAC	Jill	DiIorio	12.66	600g	6
	CXVC	Brittany	Cousens	14.32	600g	5
	CXVC	Nicole	Dykau	14.82	600g	4
	UNA	Megan	Bell	17.03	600g	2
	AVTC	Leanne	Cappus	8.34	600g	10
	AVTC	Jana	Nixon	9.60	600g	8
	AVTC	Diana	Dube	9.46	600g	9
	OTFC	Nicholle	Phillips	15.81	600g	3
Boys	PEN	Peter	Root	33.85	600g	1
	CRCS	Chris	Harris	31.39	600g	2
	CRC	Dayton	Prior	28.52	600g	3
	CRCS	Drew	Fraser	22.81	600g	4

Javelin 1990

Girls	AVTC	Laura	Macauley	29.39		1
	NTFC	Preeya	Milburn	23.15		2
	CXVC	Nicole	Israel	22.72		3
	PRTC	Sydney	Thompson	20.16		4
	CXVC	Olea	Vandermale	19.41		5
	NTFC	Emmalynne	MacCorquodale	18.75		6
	PEN	Christine	Ireland	18.44		7
	VTFC	Katherine	Murphy	16.68		8
	PRTC	Brittany	Lacey	16.40		9
	CXVC	Hilary	Hodge	16.01		10
	PEN	Alicia	Campbell	15.49		11
	CXVC	Amanda	Kehler-Stevens	15.32		12
	CRCS	Julie	Harris	12.45		13
	CXVC	Cassandra	Foley	11.66		14
	Boys	CRCS	Geoff	Friderichs	29.58	
PRTC		Matthew	Lundell	24.82		2
CXVC		John	Kelsey	24.78		3
VTFC		Clayton	Thornber	24.65		4
UNA		Travis	Pirozzini	19.83		5
AVTC		Derek	Cappus	19.66		6
UNA		Eric	Little	18.75		7

	CXVC	Brendan	Holm	16.90		8
	CXVC	Phillip	Oel	15.59		9

Javelin 1991

Girls	CXVC	Katie	Green	30.79		1
	CXVC	Stefani	Hanson	27.65		2
	CRC	Kandace	Prior	23.42		3
	CXVC	Quinn	Erickson	20.32		4
	AVTC	Krista	Kulczycki	19.71		5
	CXVC	Emily	Tranfield	18.82		6
	CXVC	Ashley	Cousens	17.34		7
	CXVC	Alannah	Twin	16.33		8
	CXVC	Christine	Law	14.11		9
	NTFC	Triana	Chartrand	13.78		10
	VTFC	Katie	Nelson	13.71		11
	VTFC	Justine	Johnson	12.62		12
	PRTC	Mary	Johnston	11.88		13
	ACTC	Emily	Clark	10.91		14

Boys	CXVC	Guy	Anderson	20.96	600g	1
	AVTC	Darryl	Pighin	19.86	600g	2
	CRC	Clay	Frenette	19.23	600g	3
	CRC	Matt	Sharpe	17.51	600g	4
	CXVC	Trevor	Dykau	17.11	600g	5
	OTFC	Ryan	Gamble	15.81	600g	6
	CXVC	Fraser	Larock	15.64	600g	7
	CRC	Cam	Frenette	15.51	600g	8
	PRTC	Justin	Gusola	14.76	600g	9
	AVTC	Michael	Cappus	14.44	600g	10
	NTFC	Howard	Geddes Skelding	13.60	600g	11
	CXVC	Josh	Foley	12.52	600g	12
	OTFC	Wesley	Plensky	11.96	600g	13
	NTFC	Sean	Brown	11.10	600g	14
	AVTC	Dan	Korvin	10.38	600g	15

Javelin 1992

Girls	AVTC	Wendy	Garcia	17.82	400g	1
	CXVC	Tanya	Timmons	13.35	400g	2
	AVTC	Jaimee	Davidson	11.28	400g	3
	CXVC	Michelle	Spelay	11.24	400g	4
	NTFC	Jade	Richardson	10.82	400g	5
	NTFC	Emily	Ross	10.16	400g	6
	CXVC	Sylvia	Watkins	9.58	400g	7
	CXVC	Alexandra	Lawlor	9.45	400g	8
	OTFC	Sharla	Godmaire	7.58	400g	9

Boys	CXVC	Cody	Parker	27.50	400g	1
	PRTC	Ross	Thompson	23.91	400g	2
	CXVC	Nick	Meade	22.39	400g	3
	NTFC	Morgan	Johnston	21.13	400g	4
	OTFC	Thomas	Riva	20.76	400g	5
	NTFC	Bryce	Pirozzini	20.38	400g	6
	NTFC	Ben	Anderson	19.90	400g	7
	NTFC	Fraser	Douglas	18.70	400g	8
	CXVC	Adrian	Holm	15.00	400g	9
	NTFC	Curtis	Keen	14.26	400g	10
	NTFC	Cameron	Paugh	14.13	400g	11
	OTFC	Greame	King	13.67	400g	12
	OTFC	Matthew	Ritchie	12.78	400g	13
	NTFC	Sean	Little	12.08	400g	14
	NTFC	K'odi	Lewis-Willie	8.80	400g	15

Javelin 1993

Girls	CRC	Emma	Layton	11.10	400g	1
	AVTC	Samantha	Campbell	11.09	400g	2
	PEN	Katrina	Schurman	10.20	400g	3
	PEN	Shannon	Phelps	5.22	400g	5
	PEN	Lindsay	Seginson	5.50	400g	6
Boys	AVTC	Jaime	Wale	16.58	400g	1
	PEN	Dustin	Sapala	15.40	400g	2
	PRTC	Milan	Varma	13.86	400g	3
	PRTC	Garrett	Brandsma	13.44	400g	4
	OTFC	Geoffrey	Campbell	12.85	400g	5
	PRTC	Ryder	Hayes	11.96	400g	6
	OTFC	Hayden	Scheiber	10.67	400g	7
	AVTC	Warren	Longeuay	10.43	400g	8
	NTFC	Jared	Bannerman	6.72	400g	9

Shot Put Masters

Women	AVTC	Denise	Clements	9.07		1
Men	CXVC	Warren	Hamill	11.51		1
	PEN	Mike	Woodworth	11.74		1

Shot Put Junior

Girls	CVAC	Jessica	Peers	8.99		1
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Boys

Shot Put Juvenile

Girls	CXVC	Stephanie	Mrdeza	8.69	1
	VANIER	Stephanie	Bigelow	8.05	2
	VANIER	Christy	St.Jean	6.97	3
	UNA	Rachel	Fulmore	6.68	4
Boys	CXVC	Trevor	Hinch	10.24	2
	UNA	JD	Rose	11.60	1

Shot Put Midget 1988

Girls	VTFC	Viki	Ploch	6.85	1
Boys	CXVC	Aaron	Malone	13.35	1
	PEN	Thomas	Feil	10.19	2
	VTFC	Leyland	Cecco	8.48	3

Shot Put Midget 1989

Girls	OTFC	Megan	Bell	8.29	1
	AVTC	Leanne	Cappus	7.56	2
	CXVC	Brittany	Cousens	7.42	3
	AVTC	Brooke	Pighin	7.11	4
	CXVC	Nicole	Dykau	7.10	5
	CVAC	Jill	Dilorio	6.81	6
	AVTC	Jana	Nixon	5.81	7
	CXVC	Teely	Piercy	5.17	8
	CXVC	Megan	Boguski	4.92	9
Boys	CRC	Dayton	Prior	9.56	1
	PEN	Peter	Root	9.37	2
	PEN	Kieran	Dunford	8.70	3

Shot Put 1990

Girls	NTFC	Emmalynne	MacCorquodale	9.49	1
	AVTC	Laura	Macauley	9.11	2
	CXVC	Sarah	Gallagher	8.82	3
	PEN	Alicia	Campbell	8.41	4
	NTFC	Chrissy	Benson	7.83	5
	OTFC	Jasmine	Dumas	7.61	6
	VTFC	Carly	Hopp	7.52	7
	PRTC	Brittany	Lacey	6.63	8

NTFC	Preeya	Milburn	6.47	9
CXVC	Cassandra	Foley	5.95	10
NTFC	Vianna	Ross	5.84	11
PRTC	Tanya	Behan	5.65	12
CXVC	Amy	Wilde	5.51	13
CXVC	Sarah	Ravensbergen	4.59	14
CXVC	Hilary	Hodge	4.15	15

Boys

PRTC	Matthew	Lundell	7.26	5
VTFC	Julian	Cecco	8.73	3
CVAC	Cory	Genereaux	-	-
VTFC	Clayton	Thornber	9.13	2
CXVC	Phillip	Oel	7.28	4
NTFC	David	Robinson	6.07	6
VTFC	Alex	Beveridge	5.67	7
CXVC	Ryan	Chester	9.24	1

Shot Put 1991

Girls	CXVC	Emily	Tranfield	8.12	1
	CXVC	Stefani	Hansen	7.88	2
	CXVC	Quinn	Erickson	7.70	3
	CRC	Kandace	Prior	7.00	4
	CXVC	Ashley	Cousens	6.87	5
	AVTC	Krista	Kulczycki	6.26	6
	CXVC	Alannah	Twin	6.02	7
	CXVC	Katie	Green	5.95	8
	CXVC	Julia	Gallagher	5.91	9
	AVTC	Emily	Clark	5.69	10
	CXVC	Molly	Richardson	4.48	11
	CXVC	Courtney	Morris	3.83	12
	PRTC	Mary	Johnston	3.80	13

Boys	UNA	Ryan	Campbell	8.23	1
	CXVC	Josh	Foley	7.97	2
	CRC	Cam	Frenette	7.10	3
	CRC	Clay	Frenette	6.87	4
	CXVC	Trevor	Dykau	6.57	5
	AVTC	Christian	Hansen	6.36	6
	PRTC	Matt	Gray	6.30	7
	OTFC	Wesley	Plensky	6.20	8
	AVTC	Eric	Maurice	6.07	9
	CRC	Dan	Udy	5.41	10

Shot Put 1992

Girls	AVTC	Wendy	Garcia	7.65		1
	NTFC	Jade	Richardson	7.41		2
	CVAC	Haleigh	Lloyd	6.04		3
	CVAC	Kerissa	Mount	5.84		4
	CXVC	Tanya	Timmons	5.65		5
	PRTC	Rachel	Gould	4.82		6
	OTFC	Sharla	Godmaire	4.68		7
	CXVC	Hannah	Aitken	4.39		8
	OTFC	Kaylyn	Kwasnecha	4.04		9
	NTFC	Arden	Gill	4.01		10
	CXVC	Sylvia	Watkins	3.40		11
Boys	PRTC	Ross	Thompson	7.81		1
	NTFC	Morgan	Johnston	7.61		2
	NTFC	Douglas	Fraser	7.28		3
	NTFC	Ben	Anderson	7.07		4
	NTFC	Dylan	Kelso	6.98		5
	PEN	Mark	McNeill	6.66		6
	PRTC	Kyle	Hutchings	6.61		7
	ACTC	Daniel	Medland-Marchen	6.52		8
	NTFC	Curtis	Keen	6.08		9
	NTFC	Sean	Little	5.84		10
	NTFC	K'odi	Lewis-Willie	5.43		11
	CXVC	Adrian	Holm	5.41		12
	CXVC	Sean	Parente	4.91		13
	CXVC	Brendon	Dawson	4.70		f

Shot Put 1993

Girls	CVAC	Tiana	Farley	6.28	2kg	1
	UNA	Jade	Palm	6.01	2kg	2
	AVTC	Samantha	Campbell	5.09	2kg	3
	NTF	Courtenay	Welsh	4.87	2kg	4
	UNA	Hillary	Marciniak	3.30	2kg	5
	OTFC	Marla	Catherall	0.00	2kg	
Boys	AVTC	Jaime	Wale	5.97	2kg	1
	PRTC	Milan	Varma	5.80	2kg	2
	PRTC	Ryder	Hayes	5.58	2kg	3
	PRTC	Garrett	Brandsma	5.14	2kg	4
	NTFC	Jared	Bannerman	3.96	2kg	5

Shot Put 1994

Girls	PRTC	Shelby	Lacey	4.29	2kg	1
	NTFC	Leigh	Richardson	3.71	2kg	2
	OTFC	Marissa	Penney	3.59	2kg	3

	PRTC	Allison	Clark	3.58	2kg	4
	PRTC	Kelsey	Gusola	3.30	2kg	5
	CRC	Ayla	Akehurst	2.88	2kg	6
Boys	CXVC	Eric	Tranfield	5.75	2kg	1
	CXVC	Jack	Traves	5.13	2kg	2
	PEN	Eric	Christiansen	4.48	2kg	3
	NTFC	Brandon	Bonnetplume	4.45	2kg	4

Discus & Hammer

Cougar Invitational 2003

Event	Club	First	Last	Min.	Sec/Meters	Weight	Place
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Discus Masters

Men	PEN	Mike	Woodworth	38.42	1.0kg	1
	CXVC	Warren	Hamill	32.78	1.5kg	1
Womer	AVTC	Denise	Clements	26.17	1kg	1

Discus Senior

Men	CXVC	Graham	Morfitt	36.63	2kg	1
Womer	CVAC	Jessica	Peers	28.51	1kg	1

Discus Junior 1987-1986

Girls	CXVC	Stephanie	Mrdeza	30.34	1kg	1
	Vanier	Stephanie	Bigelow	25.71	1kg	2
Boys	UNA	J.D.	Rose	39.07	1.75kg	1

Discus Midget 1988

Girls	NTFC	Julia	Leavitt	12.94		1
Boys	CXVC	Aaron	Malone	42.49		1
	PEN	Jason	Ireland	32.40		2
	PEN	Thomas	Feil	27.04		3
	PEN	Anthony	Manning	25.29		4
	CRCS	Matt	Frederichs	21.59		5
	CRCS	Sam	Jackson	16.13		6

Discus Midget 1989

Girls	OTFC	Megan	Bell	21.37	1
	CXVC	Brittany	Cousens	18.50	2
	UNA	Taryn	Gibney	16.88	3
	AVTC	Brooke	Pighin	16.29	4
	AVTC	Leanne	Cappus	15.30	5
	CXVC	Nicole	Dykau	14.12	6
	UNA	Tabitha	DeGrace	14.10	7
	AVTC	Jana	Nixon	13.79	8
	OTFC	Chelsea	Forseth	13.07	9
	CXVC	Megan	Boguski	12.88	10
	AVTC	Danielle	Hunter	12.87	11

Boys	CRC	Dayton	Prior	30.39	1
	PEN	Peter	Root	29.92	2
	CRCS	Chus	Harris	19.96	3
	CVAC	Adam	Friis	19.05	4

Discus1990

Girls	NTFC	Emma	MacCorquodale	25.69	1
	CXVC	Sarah	Gallagher	25.59	2
	NTFC	Preeya	Milburn	22.87	3
	AVTC	Laura	Macauley	21.83	4
	PEN	Alicia	Campbell	21.63	5
	VTFC	Katherine	Murphy	21.52	6
	CXVC	Cassandra	Foley	19.90	7
	Pen	Christine	Ireland	19.62	8
	CXVC	Amanda	Kehler-Stevens	17.57	9
	CXVC	Olea	Vandermale	16.50	10
	CXVC	Nicole	Israel	16.45	11
	CXVC	Hilary	Hodge	15.00	12
	CXVC	Selena	Pisto	14.45	13

Boys	CVAC	Kirk	Mount	20.18	1
	CXVC	Phillip	Oel	19.34	2
	NTFC	Eric	Little	18.37	3
	CXVC	John	Kelsey	17.04	4
	PRTC	Matthew	Lundell	16.27	5
	PRTC	Max	Stewart	15.82	6
	OTFC	Owen	Catherall	14.23	7
	NTFC	David	Robinson	13.81	8
	CXVC	Brendan	Holm	11.17	9

Discus 1991

Girls	CXVC	Stefani	Hanson	24.25	1
	CXVC	Ashley	Cousens	21.85	2
	CXVC	Emily	Tranfield	20.97	3

	CXVC	Katie	Green	18.94		4
	CXVC	Julia	Gallagher	18.60		5
	CRC	Kandace	Prior	18.59		6
	CXVC	Alannah	Twin	15.27		7
	AVTC	Emily	Clark	11.85		8
Boys	CXVC	Josh	Foley	20.28		1
	AVTC	Darryl	Pighin	18.18		2
	CXVC	Trevor	Dykau	17.03		3
	CRC	Clay	Frenette	16.78		4
	CRC	Cam	Frenette	16.61		5
	NTFC	Howard	Geddes-Skelding	14.89		6
	NTFC	Sean	Brown	F		

Discus 1992

Girls	AVTC	Wendy	Garcia	15.55		1
	AVTC	Jaimee	Davidson	14.40		2
	CXVC	Michelle	Spelay	14.10		3
	NTFC	Jade	Richardson	14.09		4
	CXVC	Tanya	Timmons	12.55		5
	OTFC	Sharla	Godmaire	9.13		6
Boys	NTFC	Morgan	Johnston	19.22		1
	CXVC	Nick	Meade	19.20		2
	PRTC	Ross	Thompson	16.61		3
	NTFC	Douglas	Fraser	16.38		4
	NTFC	Dylan	Kelso	15.43		5
	AVTC	Daniel	Medland-Marchen	14.82		6
	CXVC	Cody	Parker	13.52		7
	OTFC	Greame	King	12.93		8
	NTFC	Cameron	Paugh	12.43		9
	NTFC	Sean	Little	11.97		10
	NTFC	Curtis	Keen	9.91		11
	NTFC	Taylor	Adams	9.69		12
	CXVC	Sean	Parante	8.33		13

Discus 1993

Girls	PEN	Danielle	Delage	11.19		1
	PEN	Lindsay	Seginson	10.76		2
	PEN	Katrina	Schurman	10.67		3
	CRC	Emma	Layton	9.77		4
	PEN	Shannon	Phelps	7.43		5
Boys	AVTC	Jaime	Wale	17.38	750 g	1

Pen	Dustin	Sapala	15.46	750 g	2
PRTC	Garrett	Brandsma	15.40	750 g	3
NTFC	Jessen	Hans	14.44	750 g	4
CRC	Samuel	Jepson	13.85	750 g	5
PRTC	Ryder	Hayes	11.29	750 g	6
AVTC	Warren	Longeuay	9.57	750 g	7

Discus 1994

Girls

Boys

Hammer Juvenile, Junior, Senior

Juvenile 1987 Girls

CXVC	Stephanie	Mrdez	35.09	4kg	1
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Juvenile 1987 Boys

CXVC	Trevor	Hinch	35.05	5kg	1
UNA	J.D.	Rose	45.66	5kg	2

Hammer Midget

Girls 1988

Boys 1988

CXVC	Aaron	Malone	51.83	4kg	1
PEN	Thomas	Feil	36.70	4kg	2
PEN	Jason	Ireland	28.60	4kg	3

Girls 1989

OCTF	Megan	Bell	25.25	4kg	1
CXVC	Brittany	Cousens	20.21	4kg	2
AVTC	Leanne	Cappus	15.94	4kg	3
OTFC	Nicholle	Phillips	15.92	4kg	4

Boys 1989

CRC	Dayton	Prior	33.56	4kg	1
PEN	Peter	Root	29.46	4kg	2
NTFC	Johnathon	VanAppelen	23.61	4kg	3

Hammer 1990

Girls	CXVC	Sarah	Gallagher	29.18	3kg	1
	NTFC	Emma	MacCorquodale	27.96	3kg	2
	NTFC	Preeya	Milburn	25.90	3kg	3
	PEN	Alicia	Campbell	20.71	3kg	4
	NTFC	Chrissy	Benson	18.96	3kg	5
	AVTC	Laura	Macauley	16.74	3kg	6
	AVTC	Lauren	Dube	13.14	3kg	7

	VTFC	Katherine	Murphy	12.56	3kg	8
Boys	VTFC	Julian	Cecco	20.87	3kg	1
	PRTC	Matthew	Lundell	11.59	3kg	2

Hammer 1991

Girls	CRC	Kandace	Prior	21.80	3kg	1
	CXVC	Julia	Gallagher	20.86	3kg	2
	CXVC	Emily	Tranfield	20.50	3kg	3
	CXVC	Alannah	Twin	18.60	3kg	4
	AVTC	Krista	Kulczycki	16.69	3kg	5
	AVTC	Emily	Clark	13.56	3kg	6
	AVTC	Maureen	McCulligh	8.12	3kg	7
Boys	CXVC	Trevor	Dykau	14.89	3kg	1
	AVTC	Christian	Hansen	11.53	3kg	2
	CRC	Cam	Frenette	11.36	3kg	3
	CRC	Clay	Frenette	8.36	3kg	5
	AVTC	Eric	Maurice	10.40	3kg	4